



## **We are Blessed!**

As I reflect on my first week in this conference there is one thing that surfaces to the top. What a Blessing we have in our conference! Let me explain my observations.

### **Blessed With Our Office Staff**

Starting with the office. The work and dedication of the office staff over

the last several months is beyond commendable and I would like to publicly thank Teresa, Ed, Jullie, and Françoise, for the long hours and tireless dedication put into this conference in getting us through the first phase of this pandemic. Let me humbly add that I am honoured, and I am looking forward to working with this team as well in serving the Maritime Conference.

### **Blessed With Our Pastors**

Next, I would like to thank the pastors for the work that they put in! Most people don't realize how much extra work they have been doing. It's easy to think that because they are working from home it should be easier, but let me assure you, that it is not. To try to find ways to minister to each of their church families while keeping their social distances is challenging. To try to make sure that each of you were able to enjoy some part of a Sabbath service was challenging. It involved learning how to do online services. Then, trying to understand it enough, that if someone needed help, they would be able to explain it over the phone. The stress of not being able to be physically present when one of your church family is going through a difficult time is a stress that most people cannot comprehend. Church members are like our extended families, and it hurts not to be able to be there physically when pastoral care is needed.

### **Blessed With Our Teachers**

The dedication of our teachers is second to none. The recent challenges that our teachers face to educate our young people has been unbelievable. The challenges that teachers faced in not meeting in a classroom when they were not able to meet physically was huge. Some of the obstacles they faced while making sure that the learning standards were being met, required them to

## **Nous sommes bénis!**

Lorsque je réfléchis à ma première semaine dans cette Fédération, il y a une chose qui ressort clairement. Quelle bénédiction nous avons dans notre Fédération! Laissez-moi vous expliquer mes observations.

### **Nous sommes bénis par le personnel de notre bureau**

En commençant par le bureau. Le travail et le dévouement du personnel du bureau au cours des derniers mois sont plus que louables et je tiens à remercier publiquement Teresa, Ed, Jullie et Françoise pour les longues heures et le dévouement inlassable mis dans cette Fédération pour nous permettre de traverser la première phase de cette pandémie. Permettez-moi d'ajouter humblement que je suis honoré et que je me réjouis de travailler avec cette équipe au service de la Fédération des Maritimes.

### **Bénis par nos pasteurs**

Ensuite, je tiens à remercier les pasteurs pour le travail qu'ils ont accompli! La plupart des gens ne se rendent pas compte du travail supplémentaire qu'ils ont accompli. Il est facile de penser que parce qu'ils travaillent à domicile, cela devrait être plus facile, mais laissez-moi vous assurer que ce n'est pas le cas. Il est difficile de trouver des moyens d'exercer un ministère auprès de chacune de leurs familles religieuses tout en maintenant leurs distances sociales. Essayer de faire en sorte que chacun d'entre vous puisse profiter d'une partie du service du sabbat est un défi. Il s'agissait d'apprendre à faire des services en ligne. Ensuite, il fallait essayer de maîtriser suffisamment la chose pour que, si quelqu'un avait besoin d'aide, il puisse expliquer par téléphone quoi faire et comment le faire. Le stress de ne pas pouvoir être physiquement présent lorsqu'un membre de la famille de votre église traverse une période difficile est un stress que la plupart des gens ne peuvent pas comprendre. Les membres de l'église sont comme nos familles élargies, et cela fait mal de ne pas pouvoir être physiquement présents quand un accompagnement pastoral est nécessaire.

### **Bénis par nos enseignants**

Le dévouement de nos enseignants est sans égal. Les récents défis auxquels nos enseignants sont confrontés pour éduquer nos jeunes ont été incroyables. Les défis que les enseignants ont dû relever en ne se réunissant pas dans une salle de classe alors qu'ils n'étaient pas en mesure de le faire physiquement étaient énormes. Certains des obstacles qu'ils ont rencontrés en s'assurant que les

learn new teaching techniques. Some examples are, classrooms using Zoom, and a variety of other web-based learning programs. Most teachers haven't been trained to teach using these platforms and this presented new challenges and frustrations. Through God's help they were able to continue to provide a standard of higher education for our students. Thank you, for your commitment and dedication in going above and beyond through these difficult times!

### **Blessed With Our Constituency**

The patience that you, our constituents, have extended our pastors and teachers is commendable and appreciated. As stated earlier, everyone has been, and continues to operate in circumstances that few, if any, have been trained for. Your patience is been appreciated! We are still in the learning curve. However, I believe that our church will come out of this stronger and be able to reach more people in our conference. The learning curve is still ongoing, and I believe it will possibly continue for some time. We are asking that God will give us all patience, and the peace that He promises us as we work through the next phases of finding what our new normal is going to be.

### **Blessed With Our Future**

Some of the changes that have been made have been painful to accept on all levels. Please be assured that the administration is doing all they can to bridge some of the following events:

- ⇒ Our workers' meetings had to be cancelled this year. It is at these meetings where our pastors get recharged, energized, and learn more ways that they can serve their church families. We are currently exploring options of how we may still be able to have these meetings for our pastors.
- ⇒ Campmeeting is one of the staples of the Seventh-day Adventist Church. The conference administration is working hard to find a way to provide a virtual campmeeting, and what that would look like. Once we have worked out the details, we will pass this information on to you.
- ⇒ Summer Camps is something that our youth look forward to all year long. We are thankful that Teresa and her team have come up with a virtual summer camp that will enable our youth to connect virtually. Through this program the youth of our conference will still be able to be connected.

normes d'apprentissage étaient respectées, leur ont demandé d'apprendre de nouvelles techniques d'enseignement. Quelques exemples sont les salles de classe utilisant Zoom, et une variété d'autres programmes d'apprentissage sur le web. La plupart des enseignants n'ont pas été formés pour enseigner à l'aide de ces plateformes, ce qui a engendré de nouveaux défis et de nouvelles frustrations. Grâce à l'aide de Dieu, ils ont pu continuer à offrir un niveau d'enseignement supérieur à nos étudiants. Merci pour votre engagement et votre dévouement à aller au-delà de ces temps difficiles!

### **Bénis par nos membres**

La patience dont vous, nos membres, avez fait preuve à l'égard de nos pasteurs et de nos enseignants est louable et appréciée. Comme nous l'avons déjà dit, tout le monde a été et continue d'opérer dans des circonstances pour lesquelles peu, voire aucun, n'a été formé. Votre patience est appréciée! Nous sommes encore en phase d'apprentissage. Cependant, je crois que notre Église en sortira plus forte et pourra toucher plus de personnes dans notre Fédération. La courbe d'apprentissage est toujours en cours, et je crois qu'elle va peut-être se poursuivre pendant un certain temps. Nous demandons à Dieu de nous donner à tous de la patience et la paix qu'il nous promet alors que nous travaillons sur les prochaines phases à la recherche de ce que sera notre nouvelle normalité.

### **Bénis par notre avenir**

Certains des changements qui ont été apportés ont été pénibles à accepter, et ce, à tous les niveaux. Soyez assurés que l'administration fait tout ce qui est en son pouvoir pour surmonter certains des événements suivants:

- ⇒ Nos réunions de travailleurs ont dû être annulées cette année. C'est lors de ces réunions que nos pasteurs sont dynamisés, trouvent de nouvelles énergies et apprennent à mieux servir leurs églises. Nous étudions actuellement différentes possibilités permettant de continuer à avoir ces réunions pour nos pasteurs.
- ⇒ Le Campmeeting est un événement phare de l'Église Adventiste du Septième Jour. L'administration de la Fédération travaille dur pour trouver un moyen d'organiser une réunion de camp virtuelle, et à quoi cela ressemblerait. Une fois que nous aurons mis au point les détails, nous vous communiquerons ces informations.
- ⇒ Les camps d'été sont quelque chose que nos jeunes attendent avec impatience tout au long de l'année. Nous sommes heureux que Teresa et son équipe aient mis au point un camp d'été virtuel qui permettra à nos jeunes de se connecter virtuellement. Grâce à ce programme, les jeunes de notre Fédération pourront rester connectés.

⇒ Our Conference Session was scheduled to be held in October. Maritime Conference administration is working closely with the Seventh-day Adventist Church in Canada (SDACC) to determine the best course of action that will be needed to move forward with this meeting. As decisions are being made, we will keep you informed.

Again, I thank you for your patience as we maneuver through this pandemic. Please remember that every one of you is an important part of this conference! I encourage you to send an email to your pastor or the teachers for the extra work they have put in as we move forward in times like we have never seen before.

In closing I would like to leave this scripture with you: 1 Corinthians 12:12-20

<sup>12</sup> The human body has many parts, but the many parts make up one whole body. So it is with the body of Christ. <sup>13</sup> Some of us are Jews, some are Gentiles, some are slaves, and some are free. But we have all been baptized into one body by one Spirit, and we all share the same Spirit.

<sup>14</sup> Yes, the body has many different parts, not just one part. <sup>15</sup> If the foot says, "I am not a part of the body because I am not a hand," that does not make it any less a part of the body. <sup>16</sup> And if the ear says, "I am not part of the body because I am not an eye," would that make it any less a part of the body? <sup>17</sup> If the whole body were an eye, how would you hear? Or if your whole body were an ear, how would you smell anything?

<sup>18</sup> But our bodies have many parts, and God has put each part just where he wants it. <sup>19</sup> How strange a body would be if it had only one part! <sup>20</sup> Yes, there are many parts, but only one body.

We are one church and I am looking forward to working together with you. By God's grace and help, I pray that we reach and teach the people living in the Maritimes about the love of God. ■

Dave Miller, President  
Maritime Conference

⇒ Notre session quinquennale de Fédération devait se tenir en octobre. L'administration de la Fédération des Maritimes travaille en étroite collaboration avec l'Église Adventiste du Septième Jour au Canada (SDACC) afin de déterminer la meilleure ligne de conduite à adopter pour mettre en place ce mode de réunion. Nous vous tiendrons informés au fur et à mesure que des décisions seront prises.

Je vous remercie encore une fois de votre patience alors que nous nous efforçons de faire face à cette pandémie. N'oubliez pas que chacun d'entre vous est un élément important de cette Fédération! Je vous encourage à envoyer un courrier électronique à votre pasteur ou aux enseignants pour le travail supplémentaire qu'ils ont accompli alors que nous avançons dans des temps comme nous n'en avons jamais vu.

En conclusion, je voudrais vous laisser ce texte:

1 Corinthiens 12.12-20

<sup>12</sup> Car, comme le corps est un et a plusieurs membres, et comme tous les membres du corps, malgré leur nombre, ne forment qu'un seul corps, ainsi en est-il de Christ. <sup>13</sup> Nous avons tous, en effet, été baptisés dans un seul Esprit, pour former un seul corps, soit Juifs, soit Grecs, soit esclaves, soit libres, et nous avons tous été abreuvés d'un seul Esprit.

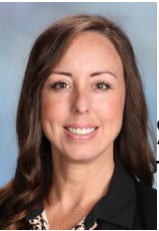
<sup>14</sup> Ainsi le corps n'est pas un seul membre, mais il est formé de plusieurs membres. <sup>15</sup> Si le pied disait: Parce que je ne suis pas une main, je ne suis pas du corps-ne serait-il pas du corps pour cela? <sup>16</sup> Et si l'oreille disait: Parce que je ne suis pas un oeil, je ne suis pas du corps, -ne serait-elle pas du corps pour cela? <sup>17</sup> Si tout le corps était oeil, où serait l'ouïe? S'il était tout ouïe, où serait l'odorat?

<sup>18</sup> Maintenant Dieu a placé chacun des membres dans le corps comme il a voulu. <sup>19</sup> Si tous étaient un seul membre, où serait le corps? <sup>20</sup> Maintenant donc il y a plusieurs membres, et un seul corps.

Nous sommes une seule église et je me réjouis de travailler avec vous. Par la grâce et l'aide de Dieu, je prie pour que nous puissions atteindre et enseigner l'amour de Dieu aux personnes vivant dans les Maritimes. ■

Dave Miller, Président  
Conférence Maritime  
Translation par Guy Lacourse

"The PETITIONS MUST BE OFFERED IN EARNEST FAITH.  
Then they will reach the mercy seat." EGW, Early Writings, 73



## Secretariat Report

Teresa Ferreira, Executive Secretary

We stand at the gates of unprecedented times in earth's history, and like Habakkuk (<https://www.youtube.com/watch?v=OPMaRqGJPUU>) we question our God about the evil, the political corruption, the mental/physical/spiritual oppression, the blended compromise of the sacred and the secular, and we wonder when help is coming. But do we realize that Help has already come?

“ For there is one God, and one Mediator between God and men, the man Christ Jesus; who gave himself a ransom for all. **1Timothy 2:5, 6.**

“ Through Christ, restoration as well as reconciliation is provided for man. The gulf that was made by sin has been spanned by the cross of Calvary. A full, complete ransom has been paid by Jesus, by virtue of which the sinner is pardoned, and the justice of the law is maintained. All who believe that Christ is the atoning sacrifice may come and receive pardon for their sins; for through the merit of Christ, communication has been opened between God and man. God can accept me as His child, and I can claim Him and rejoice in Him as my loving Father. We must center our hopes of heaven upon Christ alone, because He is our substitute and surety....

The best efforts that man in his own strength can make, are valueless to meet the holy and just law that he has transgressed; but through faith in Christ he may claim the righteousness of the Son of God as all-sufficient. Christ satisfied the demands of the law in His human nature. He bore the curse of the law for the sinner, made an atonement for him, that whosoever believeth in Him should not perish.... Genuine faith appropriates the righteousness of Christ, and the sinner is made an overcomer with Christ; for he is made a partaker of the divine nature, and thus divinity and humanity are combined.

He who is trying to reach heaven by his own works in keeping the law, is attempting an impossibility. Man cannot be saved without obedience, but his works should not be of himself; Christ should work in him to will and to do of His good pleasure.... All that man can do without Christ is polluted with selfishness and sin; but that which is wrought through faith is acceptable to God. When we seek to gain heaven through the merits of Christ, the soul makes progress. Looking unto Jesus, the author and finisher of our faith, we may go on from strength to strength, from victory to victory; for through Christ the grace of God has worked out our complete salvation. **40Selected Messages 1:363, 364.**

With COVID-19, our world convulses under a global pandemic, and from a personal standpoint, as my grandmother suffered a major heart attack this past weekend, the inability to visit her in the hospital, even as a member of the clergy, makes COVID real and sad to me. No food in the cupboard or the loss of a job to provide for the next set of bills or shut up in a nursing home with no prospect of seeing a loved one or a locked church where there's no fellowship of the body of Christ. Unprecedented times, indeed...but have we been here before? Solomon tells us, "...for there is nothing new under the sun...". We have been here, and yet we have such a beautiful message of **hope** and **wholeness** to share with the world that is wrapped up in the following statement from our dear sister, Ellen:

“ We cannot estimate the precious ransom paid to redeem fallen man. The heart's best and holiest affections should be given in return for such **wondrous love**. **41Testimonies for the Church 4:119.**

What wondrous love - this is our proclamation today! And if we are in these restrictions until Jesus comes or we must go to home churches or we must be creative in how to feed the need in our communities or if we need to establish a way to grow/provide food according to our health message or if we need to pool financial resources so none go without or....but wait, will we not then have the face of the Early Christian Church?! Are we ready Maritime Conference to truly put into practice the beautiful last day message my church has talked about for years...because we're here and Jesus is coming soon, my dear friends, aunties and uncles (yes, this is my home Conference!), colleagues in ministry, faithful supporters and pew bench warmers - now is our time to rise up.

The protocols we put into place to open our churches are just a bandaid right now...we must be creative in our approach, in our thoughts, in our discussions and in our actions. Don't be fooled, through this crisis our God is pushing us, dear church - the **Refiners Fire** strikes hot, and if we're not relevant to speak His message boldly, we will be burned. But that is not His plan, for His plan has already been accomplished - you ARE ransomed, you ARE free, you ARE called, you ARE loved! So, let the world know...

“ But now, O Jacob, listen to the LORD who created you. O Israel, the one who formed you says, “Do not be afraid, for I have ransomed you. I have called you by name; you are mine. **Isaiah 43:1**



## NEW PRESIDENT

### Welcome Dave & Cyndi Miller

The Maritime Conference would like to extend a humble but very warm welcome to our new president, Pastor David Miller. He officially began his duties as president on June 1, 2020.

David Miller has a broad range of experience in ministry. His pastoral work began as youth pastor for the Henderson Highway SDA Church in Winnipeg, MB. In 2009, Miller accepted the position of district pastor for the Battlefords and St. Walburg congregations in Saskatchewan. Then serving as the pastor for the Hill Avenue SDA Church in Regina, SK. In addition to pastoral work, Miller has served as Saskatchewan Conference ministerial director and men's ministry leader.

He has sat on several boards, including the SDACC, the Man-Sask Conference, and It Is Written board of directors.

With a heart for outreach, David Miller has led out in numerous community initiatives and mission trips. These include mission trips to Mexico and Louisiana after Hurricane Katrina. In 2009, Miller initiated the "Walk Through Bethlehem" presentation, which portrays the life of Christ annually to the communities in North Battleford and Regina. He has also functioned as president of the North Battleford's ministerial association for three years and as a mentor for third-year pastoral ministry students under the Burman University Mentorship program.

Miller stated, "I am humbled that God has included me in His plan in serving the church in the Maritime Conference, and I am excited to see where He will lead us as a conference while we continue to do His work so that we can soon see Him coming in the clouds of glory. We are looking forward to hearing Him say, 'Well done thy good and faithful servant,' and spending eternity with our Saviour."

David Miller was born in North Dakota and has been married to his wife, Cyndi, for 38 years. They have two daughters, Brittany (Reggie) and Caitlyn (Eric), and four granddaughters.



My beloved speaks and says to me: "Arise, my love, my beautiful one, and come away."  
Song of Solomon 2:10

# Seventh-day Adventist® Church

## MARITIME CONFERENCE

**INTERNAL  
FOR IMMEDIATE RELEASE**

MAY 27, 2020

*Remember Isaiah 26:3.....Thou wilt keep him in perfect peace, whose mind is stayed on Thee.*

### Dear Maritime Pastors, Elders & Church Boards:

**T**he last few months have seen us doing/being church in a different way. We have met together as small groups online, for virtual prayer meetings, and for gatherings as brothers and sisters near and far (from the Maritimes to England to Africa). But we long for face-to-face fellowship, and that is natural. As restrictions are released within each province, we must learn how to meet 'safely'.

Provinces have slowly begun to release certain restrictions while delineating specific protocols for operations and procedures. Please be attentive to the management restrictions regarding the re-opening of church buildings. In each local context numbered gatherings will be released; please be aware of the numbered persons for indoor gatherings your province allows.

Before a Maritime Conference church building opens, an Operational Management Plan needs to be submitted to the Conference Administrative Committee. That plan must reflect the Opening of Churches Protocols (See Pages 2 & 3 of this Release). Between the Pastor, Elders and Church Board of each church, a plan should be mapped out for **HOW** to address these items. Please see the attached Adventist Risk Management (ARM) Webinar slides that are great resources for building these plans. ARM is offering the Webinar another time this week, and I strongly encourage each church leader to register and attend - very insightful guidance and tools during these times. Webinar Link:

Thursday, May 28 at 4:00 pm (EDT)

Registration Link:

[https://adventistrisk.zoom.us/webinar/register/WN\\_S6qIcDvIR9udAN18VcuISA](https://adventistrisk.zoom.us/webinar/register/WN_S6qIcDvIR9udAN18VcuISA)

But I challenge us, let us not think we are okay to just go back to the 'way things were', for we ARE the living, breathing church! Our buildings, our virtual platforms, our communities, our homes, must ALL be part of the network we build together to reach people as ambassadors for the Kingdom.

John 16:33...

*"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."*

Blessings In Service,



**Teresa Ferreira, Executive Secretary  
(Acting Interim President)**  
Maritime Conference of the Seventh-day  
Adventist Church Inc.

“From this small beginning it was shown to me to be like **streams of light** that went clear round the world. ~EGW, LS 125



# Opening of Churches Protocols

## Overview

It is critically important that places of worship understand the potential for spread within their congregation and take steps to minimize the risk of spread and the impacts of COVID-19 on some high-risk populations. Places of worship should also follow applicable documentation whether federal or regional. Worship leaders are encouraged to continue to hold services remotely and using other creative mechanisms such as drive-in services. All places of worship should follow the public health guidance below and review their programming and worship services to keep everyone, especially the most vulnerable, safe.

## COVID-19 Risk Mitigation

### Supporting Congregants' Safety

- Staff, visitors and congregation should use the self-assessment tool before attending.
- Offer multiple services and opportunities to worship to reduce the attendance to 50 people or one-third of normal worship service attendance, whichever is smaller and whichever ensures physical distancing will be maintained.
- Staff, visitors, and congregation should be provided information on the requirements for operation and the importance to prevent the spread of COVID-19.
- Consider posting signs indicating COVID-19 physical distancing protocols.
- Physical distancing must be maintained between people who are not from the same household at all times.
- Staff, visitors, and congregation may choose to wear non-medical masks, however, it is not required if physical distancing is maintained at all times.
- Infants and children should always remain with their parents or guardians. Nursery/children's church is not permitted.
- Individuals not from the same household should be reminded to maintain physical distancing when returning to vehicles or homes.
- Consider having cohort families, whereby two cohort families sit together with sufficient spacing between them and other cohort family pairs.

### Supporting Staff & Religious Leaders

- Religious leaders should support COVID-19 prevention activities, procedures, and education.
- Staff and volunteers should be given information and training about appropriate physical distancing, processes, and hygiene practices.
- Staff should wear appropriate PPE if they are unable to maintain 2 meters of separation from congregants.

### Facilities

- Control and stagger entry into facilities.
- Congregant lineups should be reminded of the importance of physical distancing. This should be clearly marked to prevent congestion.
- Organizations should maintain a single point of entry and a separate point of exit.
- Hand sanitizer containing at least 60% alcohol content must be available at facility entrance and exit and available throughout the venue.
- Congregants should be reminded to clean their hands on entry and exit.
- Develop and implement procedures for increasing the frequency of cleaning and disinfecting of high traffic areas, common areas, public washrooms.
- Frequently clean and disinfect high-touch/shared surfaces such as: doorknobs, light switches, toilet handles, faucets and taps, elevator buttons, railings.
- Facilities should be cleaned and sanitized at least once between services.
- Seating should be arranged or marked (in case of pews) to ensure social distancing.
- Facility rental programs should be suspended if they cannot adhere to gathering restrictions.



## Cultural and Religious Practices

- Services should not include providing cooked food, open food, or beverages.
- Services must not include sharing food or beverages.
- Services must not include any contact between congregants such as hand shaking or the sharing of communal items (e.g. communion chalice).
- Social activities (e.g. communal dinners, lunches) outside of services are not permitted.

## Singing

- Congregational singing is a high-risk activity and is not allowed. Infected people can transmit the virus through their saliva or respiratory droplets while singing. Consider soloist music or piano/guitar offertories as an alternative.
- While there is no evidence of exactly what a safe distance would be to prevent transmission from someone singing, if one or two people are singing as part of a live streamed or recorded service, factors that would reduce risk would be having the singers face away from others, or having barriers (e.g. Plexiglass) that separate those singing from each other and any others, and ensuring that there are no individuals with chronic medical conditions or those over 65 present.
- Note that if the singers are members of the same household, risk mitigation between them would be unnecessary.

## Drive in Services

- Drive-in services may be held in designated parking lots or staging areas, and must meet the following conditions:
- Event organizers must have measures in place to keep people from leaving their vehicles at the service.
- Vehicles should be separated by a minimum of two meters.
- Where washroom access is provided, frequent cleaning and disinfection must occur.
- People leaving their vehicles to use the washrooms, must always maintain a minimum of two meters of separation from others.

## Support for Public Health

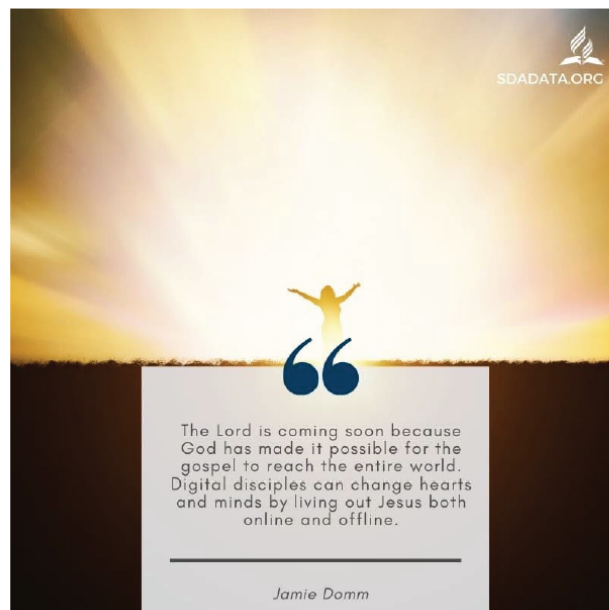
- To enable management of cases through contact tracing and follow-up, keep a listing of congregants who were present for services.
- Maintain an up-to-date contact list for all staff and volunteers, including names, addresses and phone numbers.

Sources taken from Government guidelines

“


People share a surprising amount of information online. It's up to us to act on that information. Modern technology gives us the opportunity to reach into gated communities and closed-off hearts, allowing us to build bridges on common ground. Every post represents a real person, both their experiences and their needs. What prayers can we answer by simply paying attention?


SDA Big Data & Social Media






## Follow Local Laws





**Local governments must lift restrictions**

- Permission for churches to resume
- Number of attendees



**Take into account social distancing guidelines**

- Are masks still required

## 4 Steps for Reopening

**STEP 1**  
**CLEAN**



**STEP 2**  
**MITIGATE RISKS**



**STEP 3**  
**COMMUNICATE EXPECTATIONS**



**STEP 4**  
**REASSESS PROCEDURES OFTEN**



### Step 1: Cleaning – Develop a Plan



Cleaning plan should cover three specific time periods



Have hand sanitizer stations available throughout the church

## Step 1: Cleaning – Areas to Clean



## Step 2: Mitigation – Critical Review



### Examine church program to find things that have added risk

- Social Gatherings & Potlucks
- Choir and Praise Team practice
- Hymnals and Bibles in pews
- Passing the offering plate
- Teaching aids in Sabbath School classes



## Step 2: Mitigation – New Policies



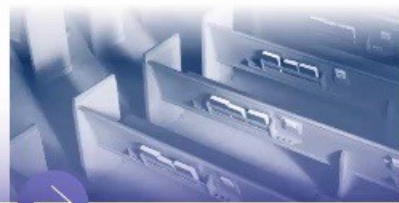
### Before service

- Require face coverings for everyone in attendance
- Take temperatures at the door
- Install automatic doors



### During service

- Discourage handshakes, hugs, and other member contact
- Two church services with break in between for cleaning
- Block off sections inside the sanctuary for social distancing

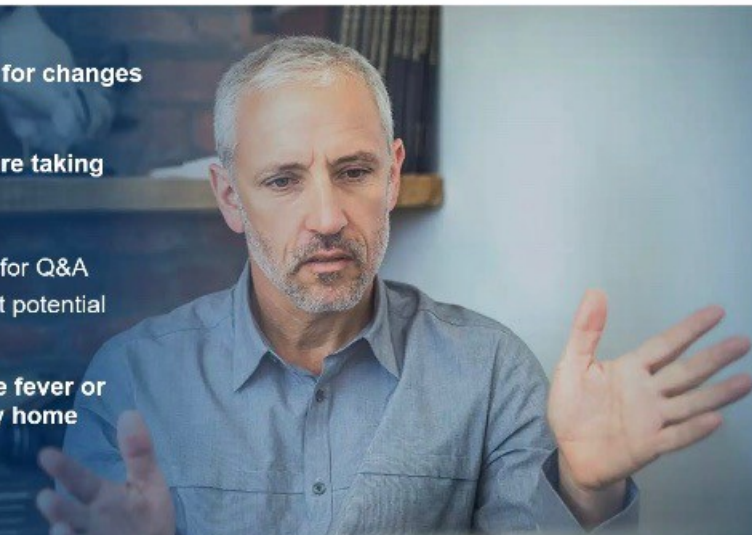





### After service

- Dismiss audience one row at a time

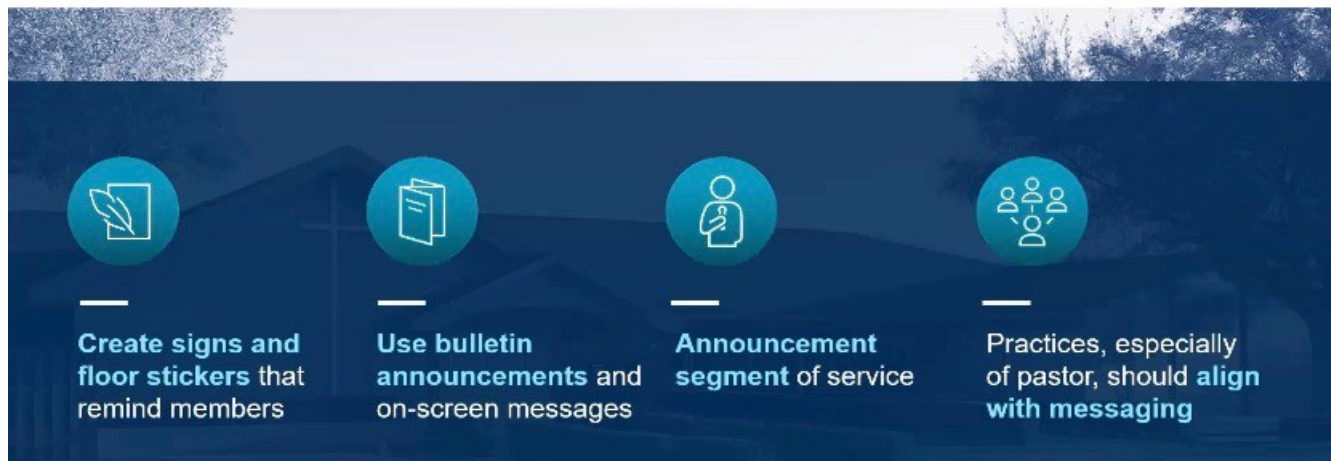






## Step 3: Communicate – Before Return



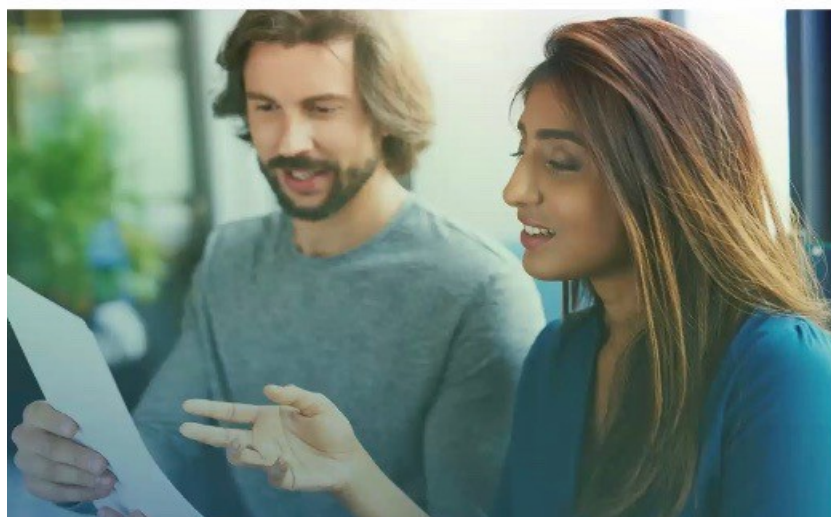
-  Prepare your members for changes
-  Explain the steps you are taking and why
  - Email members
  - Hold a Zoom meeting for Q&A
  - Use social media to let potential visitors know
-  Ask members who have fever or other symptoms to stay home


## Step 3: Communicate – At Church



-  Create signs and floor stickers that remind members
-  Use bulletin announcements and on-screen messages
-  Announcement segment of service
-  Practices, especially of pastor, should align with messaging

## Step 4: Reassess Procedures



-  Discuss with safety committee how effective new policies are
- Revise as needed and communicate to members
- Follow guidance from the state and county health department
- Monitor health of members
- Temporarily return to virtual church if members are getting sick

#### 4 STEPS TO REOPENING CHURCHES

Go to the Adventist Risk Management website to view the recorded webinar:  
[www.adventistrisk.org/en-us/safety-resources/webinars-videos#past-webinars](http://www.adventistrisk.org/en-us/safety-resources/webinars-videos#past-webinars)  
then click on 4 Steps to Reopening Churches.

### Summary



### Additional Resources

**Centers for Disease Control and Prevention (CDC)**  
<https://cdc.gov/>

**World Health Organization (WHO)**  
<https://who.int/>

**Adventist Risk Management COVID-19 Resources**  
<https://adventistrisk.org/covid19>





## Treasury Report

Ed Sharpe, Treasurer

Have you ever thought about the connection between Adam and Eve's tree in the midst of the garden and our returning tithe?

This from Testimonies for the Church, Vol 6, page 386: "This tree God reserved as a constant reminder of His ownership of all. Thus, He gave them opportunity to demonstrate their faith and trust in Him by their perfect obedience to His requirements."

This was a simple test for Adam and Eve. No great hardship or exertion was required as proof of loyalty to God. They were to avoid eating of the tree of knowledge, which would show that they recognized Him as Owner of all. The same principle applies today when we return the tithe. God has given us the simple test of tithing that is equal to the test of the tree in Eden. Failure to tithe results in a slow asphyxiation of the soul. Refusing to return tithe is a sin, the equivalent of taking the fruit of the tree of knowledge. By our willingness to tithe we pass the faith test that eluded our first parents and receive the blessing they longed for. (John Matthews, *Stewardship - Motives of the Heart*, pages 68,69)

### Online Giving Debit is available

You can make OnLine donations with a Visa Debit or MasterCard Debit card. (This is not the regular bank debit card.) If you are already an Online Giving user simply add your Visa Debit or MasterCard Debit card information to your profile and choose it when making an Online donation.

If you have any questions email Ed Sharpe at [ed.sharpe@maritimesda.com](mailto:ed.sharpe@maritimesda.com).

"A little girl had been given 10 new pennies. She held them all in her hand, admiringly. Then she took one and laid it aside. 'This,' she said, 'is for Jesus.' She took a second and said, 'This is for you, Mommy.' A third, 'This is for you, Daddy.' And on to the tenth. 'And this is for you, Jesus.' Her mother said, 'You forgot dear; you have already given one to Jesus.' 'I know,' she replied, 'but that belonged to Him; this is a present'" (Ibid, page 72).

Despite the difficult times the world finds itself in, the Lord has blessed our Conference in several ways; our tithe is 3% higher than last year at the same time (April 30); we are showing a positive net income; we have been blessed by being remembered by a bequest in a person's final wishes. We also thank you all for your faithfulness in getting your tithes and offerings to your Church Treasurer through various creative means. And a thank you to our Church Treasurers for filing all reports on time this past month.

And one last thing. With no 'loose offerings' and Sabbath School offerings collected each Sabbath, some offerings will really be hurting. Could you remember to include something for them in your offering envelope? Those expenses continue even if we are not in the building. ■



AdventistGiving allows you to return your tithe and give your offerings online to your local church or the Maritime Conference.

[AdventistGiving](https://www.adventistgiving.com)

## Do you have a Will?

The Maritime Conference believes having a Will is so important for your family that we are willing to contribute \$200 to ensure our Maritime Conference members get one professionally prepared. For details contact Ed Sharpe (506) 857-8722, Ext 205.



## Sandy Lake Academy

Stephen Kibbee, Principal

I could easily write 10,000 words about the amazingly adaptive and imaginative response of the SLA teachers as they forfeited their March break to ensure that SLA could resume teaching and learning online during the school closure. The Bible counsel is clear that we must “be ready in season and out of season” (2 Tim. 4:2), and while these words specifically address the preaching of the word, I can confidently declare that truth has continued to be proclaimed and the word shared with our students without interruption during this closure.

Below you will read the firsthand testimony of teachers, parents, and students (some of which have been edited for conciseness) that pulls aside the curtain into our online learning universe in a way that my words could not do. So, enjoy and be encouraged as you read about the latest manifestation of SLA’s commitment to our motto “Service Above Self.”

“We never imagined that our daughters first year of school would include a pandemic. However, in the midst of such an unprecedented situation SLA has exceeded our expectations for Everley’s learning. Each day she has enjoyed her zoom classes and “seeing” her teachers and classmates. Mrs. Brunets and Mrs. Scott have continued to make the classes interactive and fun (which is no small feat with 4-6-year-olds navigating zoom!). Her teachers have utilized technology to their advantage and have organized a great program which even includes reading individually with each student online. Everley looks forward to school each day, especially her music and math classes. She describes her classes as “awesome” and we couldn’t agree more.” Jr. Primary/Primary Parents Jason and Meghan Smith

Lara and I both want to express our gratitude for the commitment and innovative efforts you and your administrative team to maintain the educational curriculum for the students at SLA during a complete societal shut down as a result of the COVID-19 pandemic. While the public education system was mandated to keep their schools closed with no direction following the March break, it was obvious that you and your administration worked hard over the break to find alternative means to keep educating our children using technology to establish online classes. We

can imagine that this was no easy task but in a short period of time, you were all able to establish rhythm in creating a virtual schedule that seemingly felt school was in session, Monday to Friday. Our children responded well to the new normal of learning. We too, embraced the use of the technology platforms to keep check of their progress. Remind, Zoom and Google Classrooms quickly became regular apps we would use to monitor their work. The Bible tells us that all things are possible through Christ, who strengthens us, and reminds us that there is nothing we can’t handle when we place our trust in him. Thank you for being an example of this testament, and thank you for not giving up on our children this year. Grade 5 & 8 Parents Dominique and Lara Dib

The online school provided by SLA has been a very good experience. When the pandemic happened, it was wonderful to see the response from SLA with their desire to have the children continue learning through another method, where many of the other schools just simply closed down. The dedication to education from the SLA staff has been a blessing along with the ability to adapt to a changed environment. No teacher was used to delivering their lessons online, no student was used to it either, but from what we’ve seen and experienced with Naomi, the teachers have continued to deliver their lesson plans which has allowed her to continue to do well. Way to go SLA, all things are possible through Christ. Amen. Grade 11 Parents Nick and Natalie Nurse

All things considered; I would say that my experiences with online school have been incredibly positive. It allows me to maintain a balance between both structured learning, and a more self-directed approach. As an independent worker, this suits me very well as well as many of my peers. The teachers have also taken many steps to make sure the workload is at a balance as to where we students aren’t overwhelmed. This among many other changes makes me think that it may be beneficial in the future to extrapolate some of the lessons learned during this situation to facets of everyday school life. Grade 11 Student

My online learning experience is really good and I am very much enjoying it. I am learning a lot of different things, I always used my computer for games in 2019 but now I am using it for a lot of other things like google classroom, zoom meetings and a lot of other stuff. When we started having online meetings I did not know what to do, and I was confused and excited but later on I got used to it. The first thing I was amazed about in our zoom class was how to share the screen, and then it felt like Mrs. Walker was writing on the chalkboard and we were sitting in a real classroom.

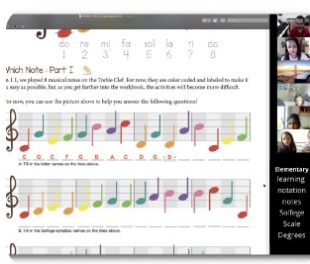
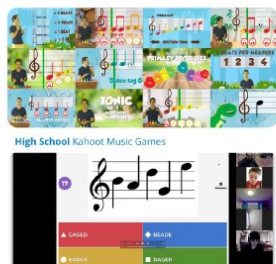




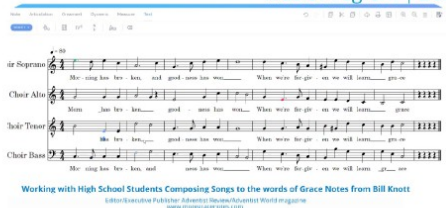
Pr. Sean teaches grade 4-6 Bible while immersed in an ice cold river



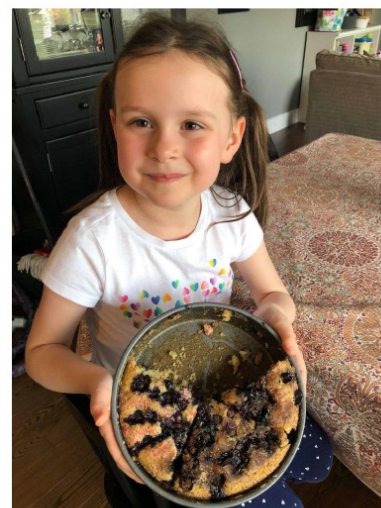
Mr. Kibbee gets surprised by visitors while teaching grade 7-9 Bible



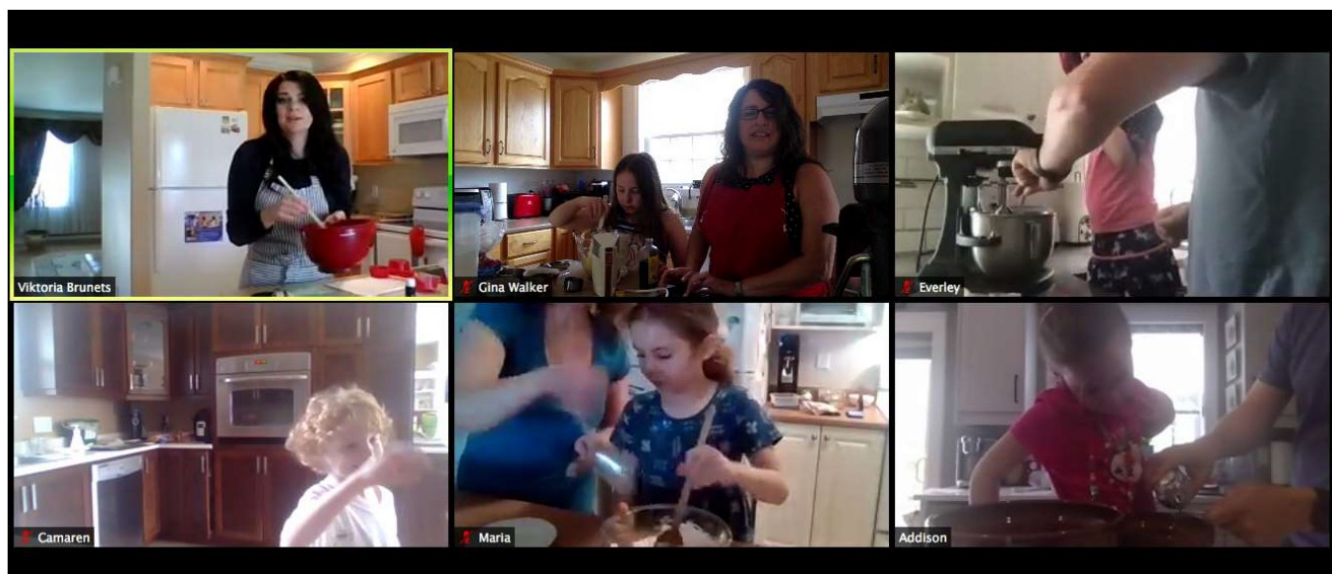
Music Program | Zoom Online Classes



Mr. Dias keeps the Music program running with some help from new online music teaching resources



Student Addison Dupuis displays her baking creation



Elementary students meet to master their culinary skills with the help of parents and their teachers Mrs. Brunets and Mrs. Walker

My favorite part is doing fun science activities, and my favorite one was the solar system. We got instructions from Mrs. Walker that we have to get some chalk and draw the planets. I got my father's help to make a colourful solar system. After I named all the planets in order, I wrote each planet's AU (Astronomical Unit) from earth. I also played a trivia game with my neighbors and it was a lot of fun. I like everything in online learning but I miss SLA, my teachers, my friends, my classroom, my locker and most importantly I miss my recess breaks. Grade 4 Student

Teaching through distance learning has been a challenge but not one without blessings. Our SLA staff worked through March Break and hit the ground running with a well-planned Virtual SLA experience! We haven't missed a single day of instruction. I have enjoyed meeting through Zoom with my students especially continuing our many hands-on learning experiences. Our Elementary teachers in grades Junior primary through six have worked together to make sure our students have varied and plentiful opportunities to stay engaged in Learning. One way has been through science experiments and practical arts activities live on Zoom. We do regular cooking and craft classes each week. It is exciting to meet together and see the kids cooking in their own kitchens with us. Students have also had the opportunity to engage in STEM challenges and Science experiments both at home and in online class. A favourite from my class was during Earth Week. Students had to create water filters to clean muddy water using whatever materials they could find at home. It was so much fun to connect over Zoom and let them show off and demonstrate their creations to the class. Our younger elementary students have been able to meet in small groups and individually with their teachers for reading groups as well. Being isolated in our homes has not limited our ability to learn about the world around us. Each week, the grades 1-6 students have been enjoying virtual field trips with Mr. Kibbee and our volunteer, Mary Bellefontaine. We have learned so much about far away locations, especially the animals God has created for us to enjoy! The biggest blessing has been that even though our school doors have closed, our mission has not been hindered. We are still able to share Jesus through devotions, singing, prayer, and chapel time. The difference is that now, instead of this happening inside our

classrooms, we are able to bring God's love right into every student's home. How amazing is that? While I can't wait to be with my students face to face again, I am pleased that God is still blessing our little school as we connect with students and parents virtually.

Mrs. Gina Walker, grade 4-6 teacher

Never in my craziest daydreams did I consider that I would begin my ministry in teaching in the midst of a global pandemic. The learning curve associated with online schooling and teaching from home has been enormous even disconcerting. All the things that make a new teacher second guess themselves are accentuated; classroom management, parent communication, resource selection and work distribution. However, just like every cloud has a silver lining, so this pandemic has provided a unique opportunity for many of us to stretch the teaching "muscles" we didn't know we had. I learned to be more concise, watch closer, check-in more, and communicate quickly. I have honed skills like typing faster, managing video conferences, and scheduling work. My students have blessed me every day by welcoming me into their homes; I've met younger siblings, cooed over pets, and been awed by Lego collections (I teach high school). Even though times are strange, I have been given a most incredible opportunity by God to grow as a person and as a teacher doing His work. Mrs. Kalie Todd, grade 7-12 Humanities teacher

I hope that you have been as blessed as I have been reading these accounts. No matter how you are doing it—prayers, donations, volunteering, recruiting, encouraging—thank you for being a vital contributor to the success of Adventist education in the Maritimes.

To keep up to date with what is happening at SLA, visit:

Website: [www.sandylakeacademy.ca](http://www.sandylakeacademy.ca)

Facebook: [www.facebook.com/SandyLakeAcademy](https://www.facebook.com/SandyLakeAcademy)

Twitter: @SandyLakeAcadmy

Instagram: SandyLakeAcademy

To make a donation or to obtain program information, please visit our website or contact us as follows:

Steve Kibbee, Principal

Email: [principal@sandylakeacademy.ca](mailto:principal@sandylakeacademy.ca)

Jill Kinney, Business Manager/Registrar/Secretary

Email: [secretary@sandylakeacademy.ca](mailto:secretary@sandylakeacademy.ca)

Phone: 902-835-8548

SLA Scholarship form is on page 38.

eSchool Scholarship form is on page 39. ■



June 1, 2020



## Sandy Lake Academy

435 Hammonds Plains Road, Bedford, NS, Canada B4B 1Y2

Telephone: (902) 835-8548 Fax: (902) 835-9752

Website: [sandylakeacademy.ca](http://sandylakeacademy.ca)

Dear SLA Supporter,

I am writing to invite you to be part of something special.

Without a doubt you are keenly aware of the crisis and chaos defining and disrupting our world today. Unsurprisingly, numerous families with children attending Sandy Lake Academy have been impacted by the pandemic that will define this generation. We see this in feelings of uncertainty, worry for the future world their children will inhabit, and the burden of financial hardship. It is upon these three points that I write to you today.

Sandy Lake Academy is initiating a special Covid-19 Worthy Student Scholarship Fundraising campaign. This week a significant number of our families have submitted an application for financial assistance from the Worthy Student Scholarship Fund to help ease the burden placed upon their household due to this pandemic. While many channels of help have been opened up for people in need, we believe that God desires His people to shine at this time by demonstrating that it is in crisis and in times of want that our faith and action is greatest. Immediately upon embarking on this campaign, a family closely associated with SLA stepped up with \$1,300 to contribute to the fund. We know that there are a multitude of people who feel just like this family. So many are only waiting to be invited so they can make a contribution that will ease the heavy burden that parents bear in having to struggle to meet their financial commitments while experiencing job loss, or trying to balance child care and working from home. Our fundraising goal for the end of the school year is \$20,000. We have presently secured \$8,900.

We genuinely believe the Biblical promise which guarantees, "It is more blessed to give than to receive." (Acts 20:35) As a giver, we invite you to take part in this joy with us.

How can you contribute? You can:

- Contribute by cash, cheque, or credit card - make arrangements with Jill at [secretary@sandylakeacademy.ca](mailto:secretary@sandylakeacademy.ca)
- Send an eTransfer to [secretary@sandylakeacademy.ca](mailto:secretary@sandylakeacademy.ca)
- Mail your cheque to **Sandy Lake Academy, 435 Hammonds Plains Rd., Bedford, NS B4B 1Y2**

If you cannot give, but are a believer in the educational mission of SLA, please share this invitation with those you know. Thank you for your support of our school, and for your faith that "My God will meet all your needs according to the riches of His glory in Christ Jesus." (Philippians 4:19)

Sincerely,

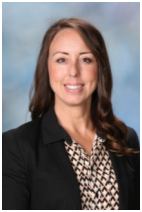
*S Kibbee*

Steve Kibbee

Principal, Sandy Lake Academy

[principal@sandylakeacademy.ca](mailto:principal@sandylakeacademy.ca)

(902)835-8548



## Camp Pugwash

Teresa Ferreira, Summer Camp Director

"We all can agree that 2020 has been an interesting year and the saddest part of it all is that most camps, which is the best time of the year, have had to cancel. The devil may have had a plot but our God has a plan, which is why we are so happy to introduce our first-ever Pugwash At Home Camp Kits. Take part in different activities such as praise and worship, crafts, challenges, Bible studies, and have the chance to win cool prizes right in the comfort of your home.

We want each young person to feel the love of God just as they would at camp, and to let His love shine through them, which is the theme for this year: Be the Light!

Take a moment to look up at the incredible and awesome universe God has created. In the night's sky, billions of stars produce an incredible amount of light. What if you could have the same impact as those stars. What if when God said let there be light, He wasn't just talking about the sky, He was talking about you! Join our Pugwash At Home Camp this summer where YOU can find your true calling, where YOU can be the change, where YOU can be the light. God Knows you're enough, now it's your turn to believe it. Let your light shine for Him.

Register today at  
[www.camppugwash.com](http://www.camppugwash.com).

For more information contact Camp Director, Teresa Ferreira, at  
[teresa.ferreira@maritimesda.com](mailto:teresa.ferreira@maritimesda.com)."

We are excited to share Jesus with you as we encourage you to *Be the Light* this Summer!

### The 2020 Pugwash Admin Team

*Teresa Ferreira, Camp Ministries Director*  
*Kalee VanWart, Assistant Camp Director*  
*Samara Belhomme, Co-Program Director*  
*Oratile Mogae, Co-Program Director*  
*Cheryl Hamilton, Spiritual Director*

Updated Date: July 26 - August 1

Be The Light  
 SUMMER 2020  
 Pugwash at Home Kits - \$49.99 for a week!  
 Junior: Ages 8 - 13  
 Teen: Ages 12 - 18  
 Adventurer: Ages 6 - 9  
 Updated Date: July 26 - August 1  
 Register at our website: [www.camppugwash.com](http://www.camppugwash.com)  
 CAMP PUGWASH

BUBBLE FAMILY DISCOUNT: Buy 10 get 2 FREE!  
 Must be registered through one account Buy 5 get 1 FREE!  
 Be The Light  
 Pugwash at Home Kits  
 Register at our website: [www.camppugwash.com](http://www.camppugwash.com)  
 CAMP PUGWASH



And [God] said, "Let Me go, for the day breaks." But [Jacob] said, "I will not let You go unless You bless me!" Genesis 32:26



## Children's Ministries

Lorie Neily, Director

Hi everyone, my thoughts and prayers have been with all of you, especially the children of the Conference. It has been a difficult time for many as we move through the changes that have resulted from the pandemic. So much pain, so much anxiety, so much fear and in Nova Scotia, so much senseless loss. Thankfully, we have hope and faith that our God will see us through come what may. My heart goes out to all the children that are seeing what is happening and I wonder what they may be feeling.

I found an article that I would like to share with you entitled "Seven Ways to Support Kids with Anxiety About the Coronavirus" by Stephen Grcevich MD. I hope that this will be helpful as we support one another and our children.

### *Seven Ways to Support Kids with Anxiety About the Coronavirus*

We're busy preparing for a different type of epidemic in our practices than the one our pediatric hospitals are readying themselves for. Talk and preparation for the coronavirus will very likely exacerbate anxiety symptoms for many of the children we are treating and precipitate anxiety in kids predisposed to anxiety who have never before exhibited symptoms. What can parents do to support the mental health of their kids amidst talk of the coronavirus in the weeks and months ahead?

Here are seven ideas:

1. **Model the response you would desire from your child** in reacting to news about the virus or changes in your family's routine resulting from parents working at home, schools being closed for extended time or family members being quarantined. Kids learn how to respond to anxiety-provoking situations by watching how parents and trusted adults act when they're anxious. Psychologists refer to this process as **social referencing**. If your anxiety about the virus is such that you can't hide it from an anxious child, that's probably an indication you should seek out professional help for yourself.

2. **Consider involving kids in your preparations and response to the virus.** The research from natural disasters suggests that involving vulnerable children in family and community responses to potential danger increases resilience, protects against development of helplessness and may help mitigate against post-traumatic effects through promoting a sense of agency and self-efficacy. I'd encourage parents to cultivate opportunities for their children to serve others in the months ahead. Your church may be planning deliveries of food or basic necessities to medically fragile individuals and families. You might also identify older neighbours with needs and involve your child to addressing their needs.
3. **Monitor exposure to attention-getting stories in the media.** In my experience, kids with anxiety or Obsessive-Compulsive Disorder (OCD) are more vulnerable to the effects of media and discussions about potential dangers at school. Our practice treats lots of kids on the high end of the autism spectrum. I routinely see them in great distress following repeated class discussions about climate change. As a parent, you have little control over what your children are exposed to in school. I'd expect they will hear multiple discussions in coming days about hygiene and impacts on school activities resulting from the virus. There's no reason to expose anxious kids to fear-mongering in the media designed to enhance ratings.
4. **Plan ahead by identifying lots of books and activities** that can occupy an anxious child's mind in the event that schools are closed for extended time someone in the family is quarantined. We have discussed in the past ways in which snow days and extended time off from school can increase rumination on distressing thoughts among anxious or obsessive kids. Any school closures will likely result in cancellation of most or all extracurricular activities that kids and parents depend upon for occupying free time. Consider books, videos, crafts, art projects and other materials that may serve as a distraction to your child during what will likely be a very anxiety-provoking time. For kids with anxiety, the short-term benefits of technology probably outweigh the downside.

"Oh, [...] that You would keep me from evil, that I may not cause pain!" So God granted him what he requested. 1 Chronicles 4:10



5. **One beneficial application of technology** may be the use of videoconferencing technology to allay children's fears about health and well-being of older relatives. Kids and adults with anxiety often over-estimate risk in unfamiliar situations. One of the best ways of allaying fears about the health of aunts, uncles, grandparents and great-grandparents is providing kids regular opportunities through FaceTime, Skype, and Zoom to talk to their loved ones and see they are in good health, especially if travel is discouraged for older adults.
6. **Finally, I'd encourage families of children taking prescription medication** to have a 90-day supply of prescription medication on hand in the event of drug shortages resulting from the epidemic. Anxiety medications should not be stopped abruptly.
7. **Finally, God has given** us a wonderful opportunity to model faith in action in front of our children, as well as our friends, neighbours and coworkers. I can't imagine how we could give our kids a better life lesson than allowing them to see each of us lean into our faith during a time of anxiety.

*Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need (Hebrews 4:16, ESV).*

### **Sabbath School for Children of the Maritime Conference**

Just a shout out regarding the weekly Sabbath School videos, craft ideas and music that can be found on the Conference website at [www.maritimesda.com](http://www.maritimesda.com). Thank you to those of you that stepped up to provide your talents to enrich this event. This time away from our churches and Sabbath School has fostered creativity and it is so evident. It is in the beginning stages and as we improve in our delivery of materials and this ministry, I look forward to see what we will be able to provide to the children of the Conference.

### **Opening Our Churches and Sabbath School**

As the pandemic restrictions begin to be lifted, the question on everyone's mind is how will our church/ Sabbath School look and feel to accommodate our new reality. Some information has become available from ARM and the NAD Children's Ministries is preparing information specific to our children's programs. Please remember these are beginning stages and your church needs to formulate a plan to ensure everyone's safety and complying with the local/provincial government mandates and recommendations. Please see pages 22-23.

I look forward to seeing the children in my Sabbath School class again and I am sure those of you involved in your children's programs at the local church are missing your "kids" as much as I am. It is important to reach out, keep a connection, reminding them that you are thinking of them and praying for them. Our parents and grandparents also need our prayers too. Meanwhile, I am encouraged to hear that some of the churches have been able to stay connected by Zoom, that children's story time is happening, our time at home is allowing families to lean on God in prayer and bond more fully with each other. I would enjoy hearing from you about what you have been doing, the baking and crafts, the games and adventures in nature. How you have made Sabbath special despite not being able to go to church. Your ideas could be shared to encourage others, especially since we may have a reprieve for a little while until the predicted next wave of sickness begins again. This is a time for preparation for all of us.

In closing, it is my prayer that during this time of great uncertainty that we continue to look upward keeping our focus and faith on Jesus. To remind ourselves and our children that we have nothing to fear that we can have "perfect peace" from the only true Source, our Big Brother and our very Best Friend! Amen ■

"[E]veryone who asks receives, and he who seeks finds, and to him who knocks it will be opened." Matthew 7:8



## Heroes VBS 2020

The NAD Children's ministries have worked tirelessly to provide a unique program to the children of the church virtually. There are several options in the delivery of this program so I encourage you to read through and make sure to register whether individually as families or as a church watch. Please circle **July 6** on your calendar, that is the **start date**. If you have questions, please contact me and I will try to get the answers.

The Seventh-day Adventist church is committed to serving the community by bringing a fun, interactive VBS to them! The VBS team has redesigned Heroes VBS that is custom made for churches and families during the COVID19 and Post Covid19 shutdown.



Three options that churches and families can choose:

### 1. Heroes VBS Live (North America): A free five-day event for home, small groups or church 'watch party.'

Children and families from all over North America and beyond participate in online VBS.

- Date: July 6-10
- Register required via Eventbrite to receive updates: [heroesvbslive.eventbrite.com](https://heroesvbslive.eventbrite.com)
- Download the instructional manual
- Enjoy a week of live programming designed for children. Includes family worships, VBS programming, daily challenges, gifts and more! • Interact with children across the NAD.
- Heroes VBSLive Stream: has the same feel as the Heroes VBS kit 2020:
- Includes: Morning devotional, all day family challenges (Families can jump on and jump off). Each challenge they participate in they will record and receive a Bible Buddy and Action Point pin.
- Heroes VBSLive scheduled for the afternoon early evening with the Heroes Home Edition.

### Draft Schedule English Schedule

10:00 - 10:15 a.m. EST - VBS Family Worship with guest speaker (pre-record worship thought)

10:15 - 10:30 - Family Worship Activity

10:30 - 5:00 - Daily Challenges and submissions (Earn your Bible Buddy Token)

5:00 - 6:30 - VBS LIVE program

### 2. Heroes VBS Church Edition

A free custom package based on AdventSource 2020 Vacation Bible School. Created specifically for small groups or church watch parties. Includes detailed directions to offer a 'Watch Party' for your church and community.

- Choose your own date for HEROES VBS and invite your local community to attend
- Church use Zoom or the web conferencing software of their choice and social media to interact with the participants
- VBS Director downloads Director's Guide with instructions for technology and church watch party, PowerPoint, Scripts for each day

Program Includes:

- Opening & Closing with music, Action Point, Scripture Verse and Bible Story introduction
- Discovery House (daily Bible story performed by puppets),
- Marketplace (where kids see interesting things),
- Arena (we take kids to learn about different animals),
- Carpenter Shop (challenges for the kids to complete),
- Prayer Oasis (an activity for families and personal prayer time),
- Mission Project (includes online payment info)

### 3. Heroes VBS Home Edition

A free custom package based on AdventSource 2020 Vacation Bible School. We have taken elements from the curriculum and adapted them in a simple, easy to use format for families and small groups. This includes a parent's guide with daily instructions as well as online video content with a full interactive program.

- Download online video,
- Download home packet (parent's guide)
- Parent's Guide and online videos offers the convenience of parents deciding their schedule

Program Includes:

- Opening & Closing with music, Action Point, Scripture Verse, Bible Story introduction
- Discovery House (daily Bible story performed by puppets),
- Marketplace (where kids see interesting things),
- Arena (we take kids to learn about different animals),
- Carpenter Shop (challenges for kids to complete),
- Prayer Oasis (a daily activity for families and personal prayer time),
- Mission Project (includes online payment info)



North American Division of Seventh-day Adventist

## The Children's Ministries Guide to Reopening Sabbath School: Post-COVID-19

This guide is designed to be in support of any government laws, public health organizations and your conference. It is not a complete and comprehensive guide, that anticipates every situation, you as leaders will need to assess and make informed decisions that meet the needs of your particular classrooms. Thank you for your leadership and keeping our kids safe and ministering to their spiritual needs during this time.

### Provide Clear Communication: Engage your church

- **Work with your church team** that includes the church communication leader to prepare a document that outlines the date your Sabbath School will reopen and detailed information about the safety precautions you will put into place. The question to ask 'is Sabbath School and Church opening at the same time?'
- **Check with your church team** about each Phase of reopening and how you will be complying with your local government mandates and recommendations.
- **Reopening presents a opportunity** for a family celebration event! Promote with announcements that encourage through all your social media platforms and even through 'snail' mail!
- **There will be families that are not ready** to come back to corporate worship. Honor their decision! If you are providing children's Sabbath School online consider continuing your online Sabbath School after you reopen to minister to families that are not ready to come to a group gathering. Continue to be creative and innovative!
- **Post 'Welcome Back' signs** in your children's areas!

### Important update information Church reopening

**CDC Child Care Decision Tool:** <https://bit.ly/3gDn2Jt>

Check your **Conference website**

Check the **CDC.gov** site often for updates

Check your **government site** often for updates

**Adventist Risk Management:** <https://adventistrisk.org/covid19>

### Prepare Your Church and Children's Areas for Reopening

- **Assess each classroom** and decide what is essential to the teaching of the lesson. Anything that is not essential like extra toys, books or props sanitize each one carefully and then put away.
- **Develop a cleaning plan.** Create a check list. Implement your plan. Maintain and revise your plan. Keep your disinfectant supplies well stocked. To get FDA certified products that do not take from the equipment reserves for our hospital and healthcare works, visit <https://outreach.com/face-masks-sanitizer-stations>
- **Before reopening** give your Sabbath School rooms a **deep disinfection cleaning**. Think Spring cleaning! Start at the top and work down. Sanitize walls, windows, light fixtures, baseboards, chairs, beanbags, doorknobs, doors, counters, light switches, lights, all Audio/Visual equipment including all remotes. Look around your room and see if you forgot to clean anything. End with deep cleaning the carpets. Ensure that there is adequate ventilation during cleaning
- **Sanitize teaching props and toys.** Remove any plush toys that are impractical to sanitize effectively.. Remember the goal is to make the space safe and appear welcoming. This may give you a chance to re-imagine your children's spaces.
- Now that the rooms are disinfected **look outside your room.** Clean the walls and baseboards of the hallways, and stair rails, stairway walls.

**Public Health Cleaning Recommendations.** Your jurisdiction will have available resources, the Centers For Disease Control and Prevention (CDC) provides the following (<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>)

- **Normal routine cleaning** with soap and water will decrease how much of the virus is on surfaces and objects, which reduces the risk of exposure.
- **Disinfection using EPA-approved disinfectants** against COVID-19 external icon can also help reduce the risk. Frequent disinfection of surfaces and objects touched by multiple people is important.
- **When EPA-approved disinfectants external icon are not available**, alternative disinfectants can be used (for example, 1/3 cup of bleach added to 1 gallon of water, or 70% alcohol solutions). Do not mix bleach or other cleaning and disinfection products together. This can cause fumes that may be very dangerous to breathe in. Bleach solutions will be effective for disinfection up to 24 hours. Keep all disinfectants out of the reach of children. Read EPA's info-graphic on how to use these disinfectant products external icon safely and effectively.

## Provide Safe Spaces

Your families are looking to you for responsible safety measures for their children. Be careful and intentional about researching FDA approved protection equipment and trusted suppliers.

- **Touchless Hand Sanitizing Stations:** The touchless feature is important to maintain cleanliness. Provide a hand-sanitizing station at each entrance into your facility, near your children's areas and at the door of your children's classrooms.
- **Water Fountains:** Consider blocking off all water fountains.
- **Safety Signage:** Create signs that clearly communicates your health safety precautions. This reassures parents that you are intentional about their children's safety and reminds your families and volunteers to practice sanitizing procedures. Consider creating fun and engaging signs!
- **Shaking Hands:** Post signs with pictures for creative options for non-contact hand shaking! Consider creating a YouTube video demonstrating a fun and creative greeting.
- **Face Masks:** In many areas face masks will be required or just recommended. Know what your church team has decided. Consider having face masks available for your team and families.

**Keep in mind:** The American Academy of Pediatrics recommends that children 2 years of age and under do not wear masks or face covering. If your church is requiring Face Masks, it is not time to open your Babies and Beginner class. Masks that are being worn by someone other than the parent can be traumatizing to young children.

- **Physical Distancing:** Set up your Children's classrooms with 'social distancing' procedures (CDC recommends 6' apart) as outlined by your church, conference, and state. <https://bit.ly/3gDn2Jt>
- Check [pinterest.org](https://www.pinterest.org) for creative and fun 'distancing' formats that will lessen the fear and stress for our children.

## Prepare Your Volunteer

**Be cautious and intentional** about your children's areas and volunteers. If a volunteer (parent or student) is coughing or is feverish ask them to stay home. Be intentional about asking your leaders 65+ years old to wait until you ask them back to the children's area to volunteer due to increased vulnerability and potential health issues.

**Recruit reopening volunteers:** A lot of our churches are small and run by amazing volunteers who are retired people! If someone identifies themselves as being in a vulnerable class or is just uncomfortable volunteering at this time, be respectful of their privacy and request to not volunteer at this time. As you recruit new volunteers please remember they need to go through the appropriate training and screenings before volunteering with children ministries. Consider honoring your older volunteers by recruiting youth, over the age of 18, substitute volunteers until the time is safe for 65+ to come back into the children's divisions.

**If your church has a Check-In process:** It is recommended that you assign one person to manage the check-in system. Please work on a process that is as touchless as possible.

**Share your cleaning checklist and procedures** for reopening with your volunteers ahead of time. Provide training through platforms like Zoom or Microsoft Teams and make it fun! As a leader you cannot over-communicate. This is an uncertain time but we should take these measures seriously. Remember it is also a time that we can celebrate the goodness of our Amazing God!

**Post Welcome Back signs** in your children's areas!

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Remember the sign posted on a nursery door? "Behold! I tell you a mystery. We shall not all sleep, but we shall all be changed," 1 Corinthians 15:51. Though this is not talking about COVID-19 or sleeping babies ... it still embraces the feelings we all have been having! "We shall all be changed," Children's Ministry has changed in many ways .... some ways that have strengthened the ministry of children! And some ways we are still trying to grasp. But one thing that has not changed is that our God is still God!

May the Lord bless you as you navigate the unknown, equip families as spiritual leaders and engage your volunteers in a whole new way of reaching the children with the Gospel Message!

NAD Children's Ministries





## Health Ministries

Stephanie Schwarz, Director

### What do Adventists Believe and Teach about Healthy Living?

Adventists have a long tradition of promoting healthy living and have followed Christ's example of ministering to people's health needs. They do this by conducting healthy living programs and classes, and by providing health healthcare through medical clinics and hospitals worldwide.

Many groups have referred to Adventists as an example of the benefits of healthy living. In an article in Newsweek magazine entitled, "11 Habits to Live to 100," the author made a list of key principles to achieve a healthy, long life<sup>1</sup>. Recommendation number 8 stated,

*"Live like a Seventh-day Adventist. Seventh-day Adventist have an average life expectancy of 89, about a decade longer than the average American. One of the basic tenets of the religion is that it's important to cherish the body that's on loan from God, which means no smoking, alcohol abuse, or overindulging in sweets. Followers typically get plenty of exercise, are vegetarian, and make family and community a focus."*

Another widely distributed article using Adventists as an example of healthy living is the National Geographic magazine's article on the "Blue Zones" - places throughout the world where people live measurably longer lives. One of the 5 zones identified was Loma Linda, California, a Seventh-day Adventist community. Dan Buettner, the author, visited Loma Linda, studied the people there and their lifestyles. In the National Geographic book, *The Blue Zones*, he states, "Study results have shown that, as a group, they currently lead the U.S. in longest life expectancy."<sup>2</sup>

The point of aspiring to wellness is not simply to live longer, but to serve God more effectively says Scott LeMert, senior pastor of the Sunnyside Seventh-day Adventist Church in Portland, Oregon<sup>3</sup>. It's also a quality of life issue. Who wants to live a long time if they are sick and miserable the last 20 or 30 years of their life?

What do Seventh-day Adventists believe and teach about healthy living? Here is a concise summary of the key principles.

1. **God dwells within us, we are his temple**, and it is a religious privilege to keep this temple body in good health so God can better work in and through us and that we can become all that God wants us to be. See I Corinthians 3:16, 17.

2. **Free to choose**. Healthy living principles, though encouraged for all, are the member's choice, not mandated. God does not work by force but rather by invitation and personal choice. Healthy living is not intended to make you holy but rather healthy. Being healthy of course has many advantages enabling members to be able to better serve and help others as well as better develop their own spiritual and physical goals. Along with choice comes personal responsibility for your own health. The biblical teaching, "God is not mocked. Whatever a person sows that shall they also reap" is well illustrated by the choices people make daily regarding their health.

3. **Eat healthy meals**, based largely on whole, unrefined, plant-based foods. Yes, some members do eat meat but if they do it tends to be more sparingly and less often and they eat more fruits, vegetables, nuts, and whole grains. Most also use some milk products and eggs, but they tend to use these items moderately as well.

The key principle of eating healthy foods is best explained in this statement written by one of the early leaders of the Adventist Church, Ellen White. "Grains, fruits, nuts, and vegetables constitute the diet chosen for us by our Creator. These foods, prepared in as simple and natural a manner as possible, are the most healthful and nourishing."<sup>4</sup> In the New Testament, Paul states, "Whether you eat or drink, do all to the glory of God." These simple statements have been a guiding principle for over 150 years among Adventists. More specifically, Adventists teach the following principles about healthy eating:

- Freely eat a wide variety of fruits and vegetables, preferably fresh or frozen.
- Choose primarily whole grain breads and cereals in place of white bread, white rice, and foods made from refined grains. Examples would be steel cut oats, granola, whole wheat bread, brown rice, whole-grain pasta, quinoa, and other whole grains.
- Include nuts and seeds frequently in the diet, typically daily. Examples include walnuts, almonds, and other tree nuts, sun-flower seeds, flax meal, peanuts, almond and peanut butter, etc.
- A vegetarian diet is recommended but is each member's personal choice. Those who choose to eat meat typically follow the biblical guidelines of clean meats, briefly defined as; fish with scales, poultry, beef, and lamb. Most members include a variety of "vege-meats"

such as vegeburgers, nut loaf, soy chick, etc. available through the church's ABC Adventist Book Center stores and community services buildings.

- Eat legumes often, including lentils, split peas, beans, soy, tofu, etc.
  - Eat a good breakfast daily and keep the evening meal moderate in calories.
  - Use dairy foods (whole milk, cheese, ice cream, and butter) moderately; lowfat dairy is preferable. Many members now prefer soy milk (fortified with calcium and B12). Of course, in most cases the use of dairy is not necessary, and the original diet of whole plant foods is preferable.
  - Limit, sugar, soft drinks, and sweets. Enjoy nature's natural sweets – berries, pineapple, a fresh peach, tangerine, date, and pure fruit juices such as grape, orange juice, or sparkling cider in place of sugar sweetened drinks.
  - Choose healthy fats (vegetable oils, nuts, olives, avocado, etc.) in place of solid and animal fats.
  - Limit salt and foods high in sodium.
4. **Be physically active** daily such as brisk walking, biking, jogging, swimming, active sports, strength training and working in your yard or garden. Avoid prolonged sitting without taking frequent breaks. The following statement on physical activity has given guidance to the church for more than 100 years, "When the weather will permit, all who can possibly do so ought to walk in the open air every day, summer and winter."<sup>5</sup>
5. **Avoid smoking, alcohol, and street drugs.** It is a Christian duty to avoid those things that destroy the health such as smoking or influence the mind clouding judgment such as drug use or alcohol. High caffeine use can also be addictive and damaging to health such as found in high caffeine "energy drinks" often used as a stimulant for lack of adequate sleep or as a substitute for a good breakfast or other meals.
6. **Moderation**, defined as avoiding those things which are harmful and being moderate in things that are good. In other words, don't overdo or go to extremes. Work normal hours. Don't be a workaholic. Take time for recreation but don't spend all your time playing. Eat good foods but in healthy amounts. Don't sit too much. Don't watch too much TV or play too many computer games. Be active, but don't overdo. Moderation is a good principle for keeping life in balance.
7. **Get your rest.** Everyone needs adequate sleep, at least 7-8 hours daily, and periods of rest to be productive and to enjoy good physical and mental health. This also means taking at least one day off a week to rest and recoup. Adventists believe in taking a full 24 hour Sabbath day rest every week, where you lay down your normal work duties and spend the day in rest, family activities, worship, and spending time in the beautiful natural world God has given us to enjoy.
8. **Sunshine, pure water, and clean air are key ingredients for good health.** Adventists teach that one of the best ways to prevent disease is to wash your hands, keep your body and clothes clean, kitchen and food preparation areas clean and free of germs, and a clean sanitary living area. Also having uncontaminated drinking water, proper sanitation and disposal of waste is essential. Bathing and cleanliness is an important part of healthy living as is drinking plenty of pure, healthy water. Sunshine is beneficial to your health but take it in moderate doses to avoid skin cancer. Helping keep our environment clean, including the air we breathe, is also an essential component for healthy living.
9. **Wholistic health.** Adventists believe that physical, mental, social, and spiritual, dimensions of life must all work together in a balanced way to achieve optimum health. Thus developing good mental health habits, being happy, hopeful, optimistic, taking time to relax, limiting stress, developing good coping strategies, volunteering in your community, developing good relationships, strengthening family life, being compassionate, and demonstrating love and forgiveness, are all important aspects of a healthy lifestyle.
10. **Get regular medical care.** Even when you think you've done everything right, it's still possible to break an arm, get an infection, or develop a chronic health problem. Getting regular medical care, including exams and preventive checks, is an important aspect of healthy living. This also includes seeing your dentist regularly for checkups and teeth cleanings along with daily brushing and flossing.
- Of course not all Adventist reach all of these high objectives, but most are committed to living a healthy life and encouraging and supporting others on this journey, maintaining a non-judgmental attitude in which all members can choose, learn, and grow, adopting healthier living practices as God leads them. Because most Adventists choose a healthier lifestyle,

the National Institutes of Health have funded research on the health habits of Adventists to see what benefits they provide. Currently Loma Linda University is conducting a second large health study of Adventists funded by the National Institutes of Health (NIH) called the Adventist Health Study-2, including over 90,000 members throughout North America. Earlier studies have found that Adventists as a group have less heart disease, lower rates of many cancers, and live significantly longer than the general population. In the first Adventist Health Study:

- Adventist women lived on average 4.4 years, and men 7.3 years longer than their non-Adventist neighbors.
- Researchers found 5 lifestyle behaviors among Adventists that increased longevity by up to 10 years: not smoking, eating a plant-based diet, eating nuts most days of the week, regular physical activity, and maintaining a healthy body weight.<sup>6</sup>

Adventist Health Study-2 has already observed other health advantages for those who primarily follow a plant based diet.<sup>7,8</sup>

Compared to non-vegetarian Adventists, vegetarian Adventists have:

- Less obesity, they weighed on average about 30 pounds less than non-vegetarians.
- Less diabetes, about a 55% lower rate.
- Less hypertension, about a 42% lower rate.
- Less high cholesterol, about a 55% lower rate.
- Less cancer, 8% fewer cancer deaths.
- Less cardiovascular disease, 19% fewer deaths (42% fewer deaths in vegan men).
- Lower total mortality, 12% fewer deaths from any cause (28% fewer deaths in vegan men).

A report on the longevity of Adventists in the Archives of Internal Medicine stated that in the U.S. only about 20% of the men reach 85 years of age or older.<sup>6</sup> In Japan, the country with the best longevity in the world, this jumps to 23.6%. But, among Adventists as a whole, 41% reach age 85 and nearly half (48.6%) of vegetarian men reach age 85. The National Geographic study of the "Blue Zones" found that there were 10 times as many Adventist living to be 100 in Loma Linda California (a community made up of largely Adventists) as in the rest of the nation.<sup>9</sup> The better health that Adventists enjoy is not due just to healthy living. Research shows that commitment to a faith and attending religious services regularly is also associated with greater longevity and happiness.

These studies highlight many of the health advantages of living the Adventist Lifestyle which has

been taught within the church for over 150 years. At that time, the germ theory was still not widely known. People seldom bathed. Additionally, Aspirin was unavailable, along with the X-ray machine, antibiotics, pasteurization, and immunizations. Yet, these health teachings have stood the test of time and have produced a people with clear health and longevity advantages.

Now you know what Adventists believe and teach about health, and if you are interested in a long, healthy life you too can benefit from these simple yet profound principles of healthy living.

#### References:

1. U.S. News and World Report, 11 Health Habits that will help you live to 100 (<http://health.usnews.com/health-news/living-well-usn/slideshows/in-pictures-11-health-habits-that-will-help-you-live-to-100>)
2. Dan Buettner, National Geographic Society, The Blue Zones (<http://travel.nationalgeographic.com/travel/happiest-places/blue-zones-california-photos/>)
3. Nancy Haught, The Oregonian, May 08, 2012
4. Ellen White, Counsels on Diet and Foods p.296
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6. Gary Frazer, et al. Archives of Internal Medicine 161:1645-1652
7. Gary Frazer, Adventist Health Study 2, 6<sup>th</sup> International Conference of Vegetarian Nutrition, Feb. 24, 2013
8. JAMA Internal Medicine 2013; 173(13):1230-38
9. Dan Buettner, National Geographic Society, The Blue Zones Written by Don Hall, DrPH, CHES for NAD Health Ministries. Updated 10-26-2014

#### Concise Summary:

##### What Adventist Believe and Teach about Healthy Living

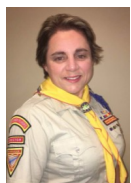
1. Take good care of our body temple - God dwells within us.
2. Healthy living is a choice - encouraged but not mandated.
3. Eating healthy meals emphasizing fruits, vegetables, whole grains, nuts, and legumes, and preferably a vegetarian diet.
4. Being physically active daily when possible.
5. Avoiding smoking, alcohol, and street drugs.
6. Moderation in work, play, TV, and eating to maintain a healthy weight.
7. Adequate sleep, 7-8 hours daily, and taking one day a week off from work to rest and strengthen family and spiritual ties.
8. Getting adequate sunshine, clean water, and pure air, and committed to preserving a healthy environment.
9. Wholistic living, strengthening relationships, having a hopeful outlook on life, balancing stress with relaxation, being happy, practicing forgiveness, daily meditation and prayer, and showing love in daily life.
10. Getting regular medical and dental care, including preventive exams.

Notes: Written for the general audience, non-church members.

Updated 10-25-2014 DRH ■

Stephanie Schwarz is a Registered Nurse and Certified Health Coach.





**Pathfinder Ministries**  
Brenda Henry, Director



Go ye therefore, and teach all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always even to the end of the age (Matthew 28:19-20).

In March, our Pathfinders and Adventurer club in the Maritimes, had to learn to adapt their club ministries because of the world's sudden onset of Covid-19. Some clubs chose to end their season early because of the logistics of trying to have meetings, while other clubs continued having meetings through Zoom and other media outlets. But we were not alone. All over the North America Division, Club Ministries has changed; in some aspects it has brought clubs from all over the NAD closer together. Conferences have been working together to offer honors, awards, camporees and basic staff training. Newly formed Facebook groups like "E-Pathfinders and E-Adventurers," Pathfinder Ministry Information and North American Division Pathfinders, have been keeping us up-to-date on honors and awards being taught and how to sign up for them. We have also been able to take part in several Pathfinder and Adventurer virtual Camporees.

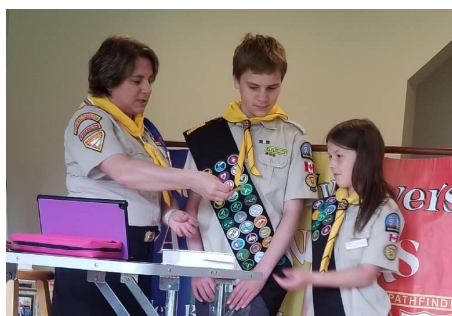
The Texas Conference held the i-Camporee, for both Pathfinders and Adventurers, with guest speaker Pastor Damion Chandler. The Georgia Cumberland Conference held the Unstoppable Path-Fi Camporee with speakers from all over the world –Pastor Busi Khumalo (Pathfinder/Youth Director, South Africa-Indian Ocean Division), Pastor Robert Hollbrook (World Pathfinder Leader 1997-2005), Pastor Leo Ranzolm (World Pathfinder Leader 1970-1980), Pastor Anderson Carneiro (Pathfinder/Youth Director, Northwest Brazil Union), Pastor

Simon Siew (Pathfinder/Youth Director, Southwest Asia Union 2001-2015), Pastor Mike Stevenson Jr. (St. Clarita SDA Church, California) and Pastor Pauto Ternorto (Pathfinder/Youth Director Texas Conference). The Arizona Conference held an Adventurer Virtual Camporee with guest speaker Richard Aguilera "The Mud Guy."

Throughout all the uncertainty with the worlds' current situation, Pathfinders and Adventurers have become closer. Directors have been able to connect, share resources and learn from each other. Skills one club has are easily shared, over Zoom, with other clubs. God has brought us all together, through today's technology, and has blessed us with each other.

### Maritime Club News

**Bay Of Fundy Flyers:** Over the past couple of months, our club has had to adapt to different ways in meeting and taking part in activities. Our Investiture service took place with the St. George SDA Church over zoom on March 30 (pictured below). We were awarded Gold place standing for our club. Honors completed



throughout our year included: Family Life, Serving Communities, Pin Trading, Cooking, Basic Water Safety, Camp Craft, Pizza Making, Music, Lego Design, Joseph Tie Dye, and Rocks &

Minerals. Pathfinders also earned Friend and Ranger classes.

We have had a lot of support from the North American Division Pathfinders and other conferences and have been able to take part in two virtual camporees and earn honors over zoom with the Lake Union Conference. In April our club took part in the iCamporee with the Texas Conference and the Unstoppable Path-fi camporee with the Georgia Cumberland Conference. We watched live guest speakers through YouTube and took part in activities such as Stay Safe posters, scavenger hunts, Bible games, dutch oven cooking, first aid skills, Bible reenactment and so much more. We pitched tents in our living rooms (pictured left) and slept in them for each of the camporees. We also took part in earning honors such as Viruses, Tie dye and Screen printing.

Our Pathfinder meetings have now ended for the year, a little earlier than originally planned, but God has provided for us a network of support that has made it possible for us to continue and come closer to other clubs from the NAD. ■



Above: Tony setting up the tent for the Unstoppable Path-fi Camporee.

Right: Tony cooking rolls for in the Dutch Oven for the i-Camporee.





### MayDay PRAY Day—May 30

We want to thank all of you who joined/made possible the 24-hour Mayday PRAY Day—it was a time of real revival for many, and a blessing to all!

### Unity

Would you like to join us in focusing on answering the prayer of Jesus just before He went to Gethsemane? It seems a pity that we have gone for so many years without really praying and working for that beautiful unity; the thing that will show those who don't know God how amazing He is.

During this volatile time of unrest and hatred, God's people need to press together, closer to Jesus, and closer to each other. We are called to this, and it is God's desire to draw us close, as a group, to Him and to each other.

"Our unity and love for one another are the **credentials** by which we testify to the world that God has sent His Son to save sinners" (TDG 120.3).

"The church seems to have lost the *blending attribute of love*, and its members unite no better than ropes of sand. And yet the great crisis of the day of God is at hand" (RH March 19, 1895, par. 15).

"It is **impossible** to love Christ and at the same time act uncourteously toward one another. It is **impossible** to have the Christ-love in the heart, and at the same time draw apart from one another, showing no love or sympathy. The more love we have for Christ, the more love we will have for one another. There must be a reformation on this point, else there will be in our churches a *perilous departing from God*" (10 MR 144).

"Pray humbly together. Repent of your sins, and confess your faults to one another, that you may come together in unity and love. Let all be exceedingly careful to do or say nothing that will create ill will" (10MR 144.1).

Let's ask God to show us how we have contributed to the problem, as well as how to move forward into unity and love, so He can bless us!

### Book Recommendations

God Guides, by Mary Geegh...Can be found at:  
<https://god-guides.com/product/god-guides/>

Daring to Ask for More, by Melody Mason...  
[https://www.amazon.ca/Daring-Ask-More-Melody-Mason-ebook/dp/B00OJG1ZJQ/ref=sr\\_1\\_1?dchild=1&keywords=Daring+to+ask+for+more&qid=1591288988&s=books&sr=1-1](https://www.amazon.ca/Daring-Ask-More-Melody-Mason-ebook/dp/B00OJG1ZJQ/ref=sr_1_1?dchild=1&keywords=Daring+to+ask+for+more&qid=1591288988&s=books&sr=1-1)

### Testimony

January 15, 2020 - the date I joined the daily morning prayer call. by Evangeline (Vange) Hubley

In my most amazing journey with the Lord I began to understand the importance of early morning prayer and devotional time. I found it difficult to get up early to spend time with Jesus. I prayed about it. I remember reading the *Pulse* and thinking I should join the morning prayer call. I didn't. And then I was urged once again to join the call. I mulled it over for a few minutes, recognized my desire to join but I didn't know anyone on the call, it was too early in the morning for me, I hadn't used Zoom and I have to work. I had all the reasons (aka my excuses) why it was not reasonable nor feasible for me to join the call. I continued to pray, asking God to lead me in regards to my early morning prayer and devotional time. (I hadn't yet realized that perhaps He was doing so by urging me to join the prayer call). And so, our loving God, who answers prayers and who knows what is best for us, He began waking me up before the prayer call began. After a couple of days of this, I smiled a big smile when He woke me up because I then knew what He was doing, and I got up and on January 15, 2020, I joined the call.

And now, now I can hardly wait to participate in the prayer call each morning with my new prayer family, some of whom I have yet to meet in person (just waiting for that day). It is a delight to pray together and to share our joy in the Lord. I have been encouraged, inspired and strengthened from participating in these calls. It jump-starts my day in the very best way and is preparation for my own personal morning prayer and devotional time. I just love the way God orchestrates events and answers our prayers in the most wonderful ways. If the Holy Spirit is encouraging you to join the daily prayer call, as He did with me, I strongly recommend you do so. I know you will be every bit as blessed as I have been. ■

### Zoom...

Opportunities to pray with others daily, are abundant! We would love to have you join us:

Daily, 5-6:00 am, or 9:00 pm

<https://zoom.us/j/150256885>

Or call in by phone: 1-647-558-0588 and use Meeting ID: 150256885.

### French Prayer Time...

Wednesday, 7:00 pm <https://zoom.us/j/5036448057>

Or by phone: 1-647-644-8057, Meeting ID: 5036448057





## Youth

Ricky Schwarz, Director

Hi All,

To connect with the Maritime Youth here is the link to our new channel:

<https://www.youtube.com/channel/UCQlprGmuToMqCzXVEnwugHA>)

Watch for more information to come on the Maritime Youth facebook page. ■

## Online Giving

Several of our Maritime Churches have signed on with Adventist Giving Online since the COVID-19 pandemic to make it easier for our members to return their tithes and offerings to their Churches.

Church member signup is easy, go to ([www.adventistgiving.ca](http://www.adventistgiving.ca)).

Payment may be made by Visa or MasterCard, but also by Visa Debit and MasterCard Debit.

There is a charge for using these cards which is paid for by the Maritime Conference (70%); SDACC (10%); NAD (10%); General Conference (10%). This way, your full donation goes to its intended use.

Where possible we recommend you use the Visa Debit or MasterCard Debit cards to keep the processing costs as low as possible. AdventistGiving has negotiated a favorable average rate of 1.19% for Visa credit cards and 1.23% for MasterCard. But the Visa Debit rate is only .49% and .51% for MasterCard Debit, less than half of the credit card rates.

For 2019, the Maritime Conference paid \$4,992 in processing fees, most of it for credit cards, and not debit cards.



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"Watch and pray,  
lest you enter into  
temptation."  
Matthew 26:41



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Virtual Spiritual Emphasis Weekend

### *Speaker Bio*

Pr Carl Behrmann and his wife, Jeannette, have served our denomination worldwide for the past 24 years in different capacities - pastor, evangelist, church school planter, administrator and family life directors.

They are currently serving the Southern New England Conference as pastor of a two church district.

They have been happily married for 34 years and have two daughters and a granddaughter.



### **SERMON TITLES**

#### **Friday, June 19**

7PM *The Throne Room of God*

#### **Sabbath, June 20**

11AM *The Sealing of the Living*

7PM *The Seven Last Plagues*

YouTube Channel Link

<https://youtu.be/G6TzkWiCCJQ>

Click "SUBSCRIBE"



# NEWS FROM OUR CHURCHES:

## DARTMOUTH

### Great Controversy Bundles

We are living in unprecedented times in Earth's history. Many people are at home and unsure about the future. Many are afraid and may be searching for greater meaning and truth. Many people have more time on their hands and most of us do as well.

We, at the Dartmouth SDA Church prayerfully considered partnering with God to put as many copies of *The Great Controversy* into as many hands as possible at this time. What better time for them to receive a copy of a book that can answer their questions and point them to Jesus Christ as their Lord and Saviour. Thank you to our members who were willing to step out in faith to participate in our Neighborhood Evangelism endeavor. G.C. books were bundled together with a copy of the book *After Covid-19, What's Next?*, a handmade card, Psalm 91, a Discover Bible Study brochure, Glow cards and a package of microwave popcorn. These were, and are being "popped" over to people in our own neighborhoods, socially distancing, of course. To date a total of 180 packages have been/or are ready to be distributed to our neighbors.

We are asking for your prayers for all of these people and their households, especially that they will have the desire to open the pages of this very important book and be blessed.

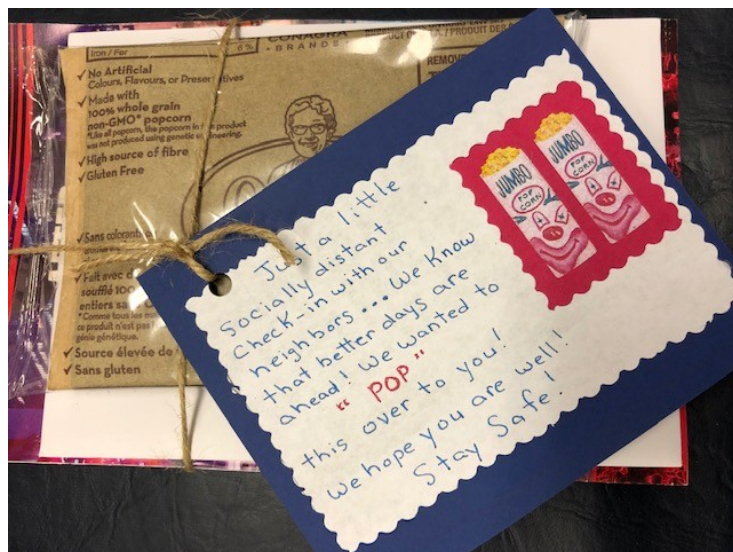
Galatians 6:9, Let us not grow weary of doing good for in due season we will reap if we do not give up.

2 Corinthians 9:6, Remember this whoever sows sparingly will also reap sparingly and whoever sows generously will also reap generously.

Romans 8:28, And we know that God causes all things to work together for good to those who love God, to those who are called according to his purpose.



The petitions must be offered in earnest faith. Then they will reach the mercy-seat. EGW, Early Writings, 73





### ***Accessibility For All Project***

Just an update on our Dartmouth church "Accessibility For All" project. Our contractors have been hard at work onsite. The foundation has been dug, much of the framing has been done and the elevator shaft is about to be built. The new windows have arrived as well as the new doors and will soon be installed. The flooring and siding are being decided upon and the project should be finished by the end of July. Due to unforeseen circumstances the cost of the renovations have risen significantly leaving our church struggling with a much larger debt. If anyone would like to contribute to this worthy cause please go to [dartmouthsda.net](http://dartmouthsda.net) and click on online giving. Thank you for your support.

### ***Discover Bible School-Facebook***

Dartmouth Discover Bible School is open in spite of the pandemic. The reason? The work has always been done out of homes. Lessons can still be sent by mail. Advertisements can still reach homes by mail or internet. More so, people are in need of hope of which we abound and are willing to share! Since March, we have mailed out 2000 enrollment cards and did 5 days of Facebook ads. The pandemic may not have curtailed our daily operations, but it has impacted us severely in restocking. As most know, our ABC book van and campmeeting have been cancelled for this year. We rely on these means to ship thousands of enrollment cards to our church and save hundreds of dollars. We have used up our entire stock of cards and the cost of ordering now with shipping is beyond our means.

So now we are relying on our Facebook account to reach people. When we advertise, we set it so that all of the Maritimes will be reached. We appreciate those who share our posts because that helps friends see and share with their friends. Who knows how many people will be in heaven because they clicked "learn more" on our site and signed up for Bible studies. Besides, if your church has an active Discover Bible School, any local name received will come to your coordinator. I want to thank you for your prayers, your donations, and your sharing because each contributes to our success in sharing our hope in Jesus.



Sometimes the work can be discouraging with nary a response from the public. And yet those enrollment cards get tucked away and mailed much later. Outside of several local establishments that have a few remaining cards to give away, we have not used one specific type of card in over a year. Yet in May, one such card came in the mail. So even if we don't get a quick response, God is still at work. We can't give up! We press on despite the obstacles. And look from which we came: 78 years after Voice of Prophecy started a correspondence Bible school, there are now affiliates in 120 countries in 80 languages. You are able to check out the latest selections of courses they offer online at [bibleschools.org](http://bibleschools.org). Share with your friends. If your church does not have an active Discover Bible School, feel free to call Shirleen Luttrell (902-869-0051) or email her at [every1praise@yahoo.com](mailto:every1praise@yahoo.com).

## **HALIFAX**

### ***A Dramatic Change in How We Worship***

Who would have thought since our last report to the Pulse that ZOOM would be the new word for our Halifax congregation and many others the world over! Our first Zoom Sabbath School and church service was March 28 which included the Dartmouth and Woodside churches. Margaret Ennis-Trotman lead the Sabbath School which included programs for the children and teens. Several of the regular teachers taught the adult SS lesson week by week. The pastor and elders presented the sermons with various members taking part in the activities as in a regular church service. A Mother's Day program and vesper services were also organized and presented. Two small group meetings take place each week at 7:00 pm hosted by Pastor Gary Belhomme on Monday and Roderick Trotman on Wednesday. It takes a lot of planning and technical knowledge to present these Zoom church services/programs. A special thank you to Natalie Wilson, our technical director.



### Women's Ministries-Quilt Projects

The Halifax church Women's Ministries, under the leadership of Susan Mogae, among other projects, decided to make a quilt to be given to someone worthy. Nancy Hiscock, an experienced quilter, and assisted by Sara MacLean, also a quilter, led out in this project. The first phase began in the Sandy Lake Academy gym and then moved to Nancy's home thus enabling the use of her quilting equipment. Other ladies who continued with this project were Mary Bellefontaine, Falisha Cherenfant and Yvonne Crook. After much discussion and prayer, it was unanimously decided to present the quilt to Caroline Boehner. Caroline has been a strong leader in the Halifax church over the years and also, along with her husband Barry, has been heavily involved in the Parker Street Food and Furniture Bank. Unfortunately, she is currently bravely battling cancer. Please pray for Caroline, who amidst her treatment, is still continuing much of her good work.

### Sandy Lake Academy

The Halifax church was blessed beyond measure when the Sandy Lake Academy students conducted the worship service on Sabbath, February 29. The "Life at SLA Slide Show" put together by the SLA multimedia class was outstanding. At the conclusion of the service, one could not help but realize what a privilege it is to be a student at Sandy Lake Academy!

- 1 Principal Steve Kibbee giving the introduction.
- 2 Teacher Anthony Jones leading prayer.
- 3 The Bell group conducted by José Dias, seated.
- 4 The Elementary choir blessing and entertaining the worshipers.
- 5 Mary Bellefontaine, one of the volunteers at SLA, telling the children's story.
- 6 The High School choir with director José Dias, far left, presented five numbers.
- 7 Student Jason Rajan giving the scripture reading.
- 8 Sean Todd, pastor of Fox Point/Tantallon churches and chaplain at SLA, giving the message.
- 9 The Elementary and High School choir were amazing beyond words!

"[T]hough I have all faith, so that I could remove mountains, but have not love, I am nothing" 1 Corinthians 13:2





## MARANATHA

### ***Parking Lot Services***

We've been doing parking lot services in Hampton since the start of May. There has been about 15-20 people coming to listen to a short service on Sabbath afternoons. It is broadcast over a low power FM transmitter, so people can tune in with their car radio.

## YARMOUTH

### ***Community Outreach During the Corona Virus Crisis!***

The members of the Digby, Oak Park and Yarmouth churches wondered what they could do for God to further the goal of reaching their communities with the gospel during this pandemic.

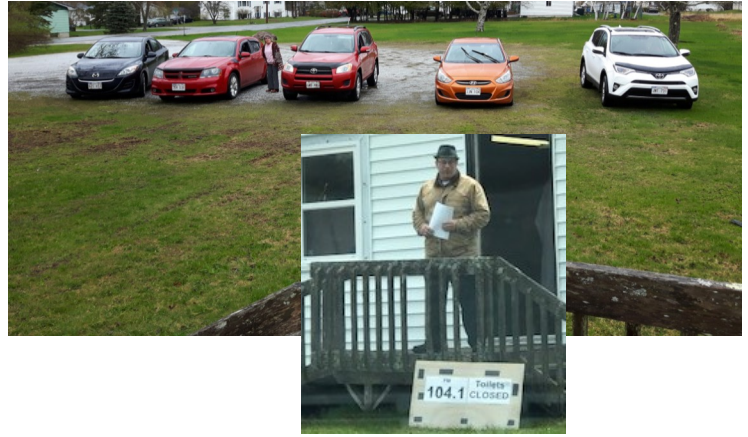
#### ***Amazing Facts Bible Study Invitations***

Melissa Atwood's father contacted her with the idea of sending out Amazing Facts Bible study invitations to as many of the surrounding communities in the Tri-County area as possible. The idea was that while people are required to stay at home due to "social distancing," they might take an interest in what the Bible has to say about our current situation. We were told that we would only need to pay for the postage because the cost of printing the invitations is paid by Amazing Facts.

Pastor Dave contacted Canada Post and found out how much it would cost to send out invitations to every home, apartment, and farm in Digby, Shelburne, and Yarmouth counties, not knowing how large a mail out the church boards would be willing to support. Much to his delight, the churches chose to send out all 32,500 invitations at a cost of about \$6,000! Four church members volunteered to make personal donations to the project, and the church boards decided to pay the remaining cost with local evangelism funds.

We have been praying fervently that these 32,500 Bible Study invitations, scattered like the "leaves of autumn" throughout our district, will help many people discover the good news about the soon return of Jesus, and many other truths, as revealed in the sacred pages of the Bible.

"Yes. What other great nation has gods that are intimate with them the way God, our God, is with us, always ready to listen to us?" Deut. 4:7 MSG



#### ***Signs of the Times COVID-19 Magazine***

At the same time as our Bible Study invitations were being sent out, we decided to purchase 1,000 Signs of the Times magazines, entitled "COVID-19: Facing the Crisis with Confidence"—with the goal of using the health message as the "right arm" of the gospel.

We labeled the magazines and purchased clear plastic bags to put them in. The labels indicated the name of the church and a contact person and telephone number. In the Yarmouth area we also included a little booklet with many scripture references that would help those feeling anxious or fearful about the possible spread of the Corona virus.

Church members pledged to pass out the magazines to houses or mailboxes in various areas, or to give them to friends and acquaintances.

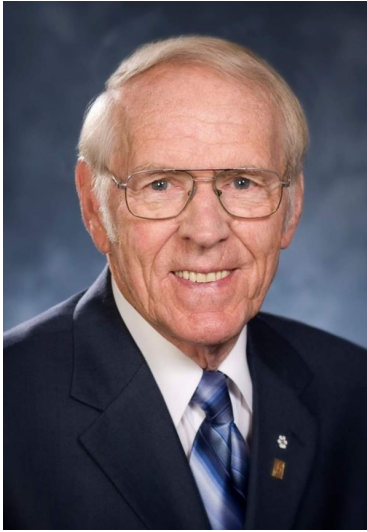
The photograph shows Rebekah and Andrew Hamilton distributing magazines in their neighborhood. The total cost of the 1,000 magazines, labels, and clear plastic bags cost about \$600.

We solicit the prayers of all church members throughout the Maritime Conference that God will send His angels and the Holy Spirit to impress people of their need for Him. And we wait with anticipation to see what God will do! As William Carey often said, "Expect great things from God, and attempt great things for God."

Submitted by Bonnie Parsons, Yarmouth Church



Submitted by Bonnie Parsons, Yarmouth Church



## Parker Street Mourns the Loss of its Founder

Mel was indeed a giant of a man with a heart of gold. He has impacted countless lives through Parker Street Food & Furniture Bank and will always be remembered as a man with great love for those in need. His life is gone but his legacy will continue to live on, not in buildings but in the hearts of those he has impacted.

Mel founded Parker Street Food Bank in 1983 with a goal of providing food free of charge to the financially vulnerable in the Halifax region. Initially, Parker Street operated out of a tiny shed, staffed by a handful of hardworking dedicated volunteers. Today, Parker Street serves thousands of low and fixed income families in the HRM. It's leadership and volunteers continue to follow Mel's example and remain committed to making their community a better place for all.

Mel was a celebrated leader in our community and his legacy continues to make a profound impact on the residents of Halifax. Mel's legacy at Parker Street Food & Furniture Bank continues to make an impact on the community

through its programs as it assists over 300 families per week and offers many special programs (Christmas Hampers, Back to School, Emergency Funds for utilities, and prescriptions) throughout the year.

Mel was a unique individual with his deep passion for making life better for those seeking some form of assistance. He inspired many as he selflessly worked for the betterment of those in need. His larger than life character, his incredible positive influence and zest for others will be greatly missed by all that knew him.

"Mel loved saying "Great things are happening!" but the truth, is he made great things happen for his community. He was loving and lovable, and to me his greatest accomplishment was his ability to humbly help everyone without any reservations." Sydney Mogae, Board Chair

We offer our heartfelt condolences to Mel's wife Thelma and their extended family in their time of mourning. We hope the many reminders and memories of how Mel enriched the lives of all who have had the privilege to be associated with him will soon bring you peace and comfort.

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It is with great sadness that the family of Melvin (Mel) James Boutilier announces his passing, the evening of April 28, 2020. Mel had been diagnosed with a rare form of blood cancer in January of 2020. His death is related to complications from that disease. He was 92 years of age and died at home with his life-companion and partner in all things, Thelma Boutilier, by his side along with loved ones, family members, and friends.

Mel was born in Seabright, St. Margaret's Bay, on January 29, 1928, to a fisherman's family of 10 children. He met Thelma, whose family had the General Store in Hackett's Cove, just a few miles down the road from Seabright. They had a long courtship and finally tied the knot on August 14, 1954. Mel eventually got into the trades, which brought him to the Department of National Defense, servicing heating and air conditioning systems. On the side, he operated an excavation business with his younger brother, David. He stayed with the Federal Government until 1974, his final position being a Chief Inspector of Contracts. He sold the business some years later and dedicated himself to serving as a full-time volunteer. Mel is well known in Nova Scotia for his civic and community engagements. A church man, he was active in the Halifax Seventh-day Adventist Church and led the charge in the construction of Sandy Lake Academy. He was a founder, and served as the first chairman of the Metro Food Bank Society which went on to become Feed Nova Scotia. And of course he was the founder of the Parker Street Food and Furniture Bank and Skills Development Centre. Since 2015, Mel has served as the Executive Director of Metro Care and Share Society's Scholars Program that assists students in attending university and following their dreams. A giant has fallen. In his later years, Mel has been recognized numerous times by his peers and the communities he has served. These are too numerous to mention, but some stand out, like an honorary Diploma from the Nova Scotia Community College (2006), the Order of Nova Scotia (2009), the Order of Canada (2010), and an honorary Doctorate in Civil Law from Saint Mary's University (2017).

Mel is survived by his younger brother Sidney, his life-long partner Thelma Boutilier, and their chosen children, Marie Pifher (Gordon) of Maryland, Robert Wright of Halifax, Rugiatu N'doleh of Halifax, and Eunice Abaga of Halifax, as well as all the nieces, nephews and cousins who sit upon the many branches of the Boutilier family tree.



## OBITUARIES

**Clark, Dennis Leroy**—86, of Carlingford NB, passed away unexpectedly at the Upper River Valley Hospital on April 27, 2020. Dennis was born in Carlingford NB, on July 21, 1933. He was the son of the late Alvin and Alice (Everett) Clark. Dennis leaves behind his daughters, Wendy Clark of Carlingford NB, Cynthia Nightingale of Limestone Siding NB; his sons, Jeff Clark (Hazel), Lance Clark (Sandra Grant), Galen “Dib” Clark (Michelle Albert), all of Carlingford NB; ten grandchildren and nine great-grandchildren; his sisters, Pamela Michaud, Reona Clark, and Loella Clark all of Carlingford NB; his brother, Douglas “Asa” Clark (Kelly) of Plaster Rock NB. Dennis was predeceased by his parents; his wife, Marilyn Clark (Doak); his grandson, Justin Clark; his sisters, Dora Clark, Vella Foster, Frances Lavoie, Shirley Kinney; his brother, Leslie Clark. Dennis was a very active member of the Perth-Andover SDA Church and also of the former Care to Share program.



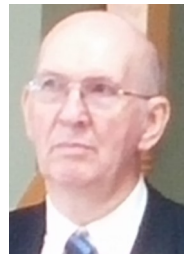
**Cooke, Gladys Ferne**—94, of Black’s Harbour NB, passed away on April 29, 2020. Gladys is survived by her six daughters: Barbara (Gilbert) Cooke of Pugwash NS, Yvonne (Victor) Chant of Dufferin NB, Carolyn (Byron) Willis of Dufferin NB, Peggy (Bill) Foster of St. George NB, Juanita (Carl) Longman of Dufferin NB, and Susan (Kevin) O’Dell of Dufferin NB; 17 grandchildren, 13 great-grandchildren; 3 great-great grandchildren. Gladys loved to bake and to work in her garden. She was a gracious hostess and any visitors to the church could count on her kind-hearted hospitality and enjoy a sumptuous meal that she would lovingly prepare. Gladys was a long-time, faithful member of the St. George SDA Church serving as Sabbath School superintendent, teacher, and factotum. She was a faithful supporter of Christian education and for many years helped spearhead the school fundraising program. She spent her life in service to others, always claiming God as her help and her strength. We mourn her loss but are thankful she is at rest awaiting the call of her Life Giver.



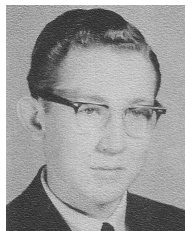
**Daigle, Claudette**—70, of Shediac River NB, passed away of pancreatic cancer on May 21, 2020. Claudette was born in Memramcook NB on June 18, 1949. She was the daughter of the late Edouard and the late Lita (née LeBlanc) Belliveau. Prior to her retirement, she had worked for 28 years with the federal government, particularly with the Dept of Fisheries. She loved driving and had a passion for flowers and gardening. She is survived by: her significant other Allison; her daughter Lynn Daigle (Jason Meunier) of Shediac River; her sisters, Jeannette Chenard (Marcel) of Dieppe, Noëlla Cormier (Roger) of Lakeville; her brothers, Aimé (Rosina) of Cocagne, Alyre (Annette) of Moncton; and Daigle family; and her nieces and nephews, Zachary, Alexi, Adèle and Thomas. She was predeceased by: her parents, Edouard and Lita; her son Shaun; her nephew Michel Gautreau; and her brothers, Francis, Leo and Leonard. Claudette was a member of the Bouctouche SDA Company.



**Mosher, Laurie Raymond**—75, of Pugwash River NS, passed away May 20, 2020 at the Moncton City Hospital. Born in Halifax NS, he was a son of the late Oswald and Myrna (Crawford) Mosher. Laurie was an x-ray tech and had lived and worked in Ontario, Alberta, British Columbia, California and Nova Scotia. He was an active member of the Pugwash SDA Church, and sang in the mixed quartet “For The Master.” Following his retirement he volunteered his time working at the North Cumberland Memorial Hospital Auxiliary Thrift Shop. Laurie is survived by his wife, Beverly (Petersen) Mosher; brother, James (Edith) Mosher, Kelowna BC; several nieces and nephews.



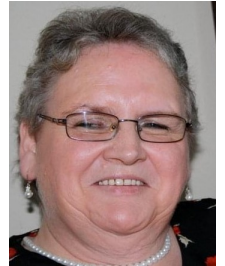
**Sands, Glenn Laurence**—74, son of the late Jack and Mona (Bancroft) Sands was born in British Guiana in 1946 and passed away March 19, 2020 in London ON. He was predeceased by his wife Barbara in November 2019. Glenn had an orderly and scientific mind. He attended Oshawa Missionary College when the name was changed to Kingsway College. During the 1960s he taught Science at Shelburne Regional High School in Nova Scotia where he was well-liked by his students. He later worked for IBM, and finally formed his own computer programming company (GSI) in London Ontario. He is survived by three children: Tim (Cheryl) Sands of Shelburne NS, Ted (Frances) Sands of Toronto ON, and Trasie Sands of London ON and 3 grandchildren Michelle, Kerri and Harrison. He is also survived by 2 brothers: Byran Sands, Rod Sands; and 4 sisters: Madolyn Curry, Winona Pierce, Bonnie Parsons, and Brenda Sands.



**Henry, Ivah Millicent**—102, of Baillie NB, passed away on June 8, 2020. Ivy was born on May 17, 1918, the 4th of 10 children of the late Norman and Lillian (Chambers) Cooke. Married to William (Bill) Henry on June 25, 1938, they eventually settled in DeWolfe Corner, NB. Their love of children became evident as they grew their family to include 13 children. In her role as a wife and mother, no one worked harder or sacrificed more than Ivy did to provide for her family. She helped on the farm, the gardening, and being a well-experienced horsewoman, worked with the horses. She worked at the sardine and clam factories, and also worked at the local candy factory. Later on, Ivy worked in St. Stephen at the Elm Lodge providing loving care for the residents. She also worked 3-4 years at the local bake shop, and was well known for her pastries. Ivy did private home care and housekeeping for several homes in the area prior to retiring. Later in life, she not only worked outside the home, she provided care to her loving husband Bill whose life she shared for 48 years. She was proud of her parent's enthusiasm and love for the Lord in bringing the Seventh-day Adventist message to the St. George area. They were introduced to Adventism by a colporteur, and began meetings and Sabbath School in their home. She was baptized in 1957, and spent countless hours Ingathering for the church, and working for the Dorcas Society. Ivy always had a spiritual book to hand out to those she felt were in need. Ivy's generous hospitality had always been extended to those in want. She would bring people home, give them a bed for the night, feed them one of her delicious home-cooked meals, and drive them to the highway where they would continue on their journey. She would pick up hitchhikers to help them get a bit closer to their destination and, if needed, there was always something in the kitchen to share. She is survived by: her children, Mary Elizabeth Woodburn (Roy) of Edmonton AB, Hazel Joan Way (Leonard) of Moores Mills NB, Ross Allen Henry, Barbara Ann Furrow (Clifton) of Canterbury NB, Pauline Gwen Tompkins (Fraser) of St. Stephen NB, David Eugene Henry (Valerie) of Moores Mills NB, Robert Wayne Henry (Kim) of St. Stephen NB and Sally Christine Madsen (Michael) of Baillie NB; her sister Freda Joan Stewart; and her daughters-in-law, Jean Henry of Moores Mills NB and Marie Henry of St. Stephen NB. She is also survived by 58+ grandchildren, 9+ great grandchildren. She was predeceased by: her parents, Norman and Lillian Cooke; her husband William Creasey Henry; her children, William Creasey Henry Jr., Anthony Franklin Henry, Peter George Henry, Daniel Frederick Henry and Cynthia Jean; her grandsons, Joseph Neilson and Jamie Madsen; her siblings, Glendon Cooke, Helen Frost, Annabelle Reid, Sylvia, Jimmy, Lawrence and Chester; and her son-in-law Clayton Henry.



**Sabean, Debera Dianne (Totten)**—71, passed away on Sunday, April 5, 2020 at the Saint John Regional Hospital. Born in Saint John NB on October 6, 1948 she was the daughter of the late Roy and Lucy (Lackie) Totten. Debera and Steven had owned and operated Port City Diner of Charlotte Street for many years. She loved Bingo, she enjoyed all the little things in life, she enjoyed having company, loved animals and feeding the raccoons around her property. She was very kind and generous and would do anything for anyone. She was a member of the Barnesville SDA Church. She is survived by her loving and devoted family, her sons Randy Shannon and Anthony Shannon (Giselle); daughter Sheila Miller (Roger); cherished grandchildren Catlin Shannon (Christina) and Christie Shannon and great granddaughter Carlie Shannon; brothers Roy Totten (Cindy) and Stewart Totten (Heather); sisters Marjorie Hollett (Raymond), Sandra Nelson, Melda Crandall (Larry) and Valerie Totten (Victor); half brothers Joey Totten (Faye), Peter Totten (Heather) and Matthew Totten (Carrie); half sisters Cindy Totten (Rob) and Mary Totten (Dave); lifelong friends Chris Donally, Betty Smith and Hazel Rogers; her beloved cat Baby Girl and her grandpups Bella and Buddy; extended Shannon and Sabean families; many nieces and nephews. In addition to her parents she was predeceased by her first husband Roy Shannon, second husband Steven Sabean; son Weldon Shannon; son-in-law Todd Miller; brother Raymond Totten; brother-in-law James "Curly" Sabean; and nephew Corey Hollett.



**Penniman, Richard Wayne "Little Richard"**—87, passed to his rest on May 9, 2020. Controversial for his role in creating rock'n'roll music in the 1950s, the Oakwood University alumnus retained his Adventist faith and publicly returned to it in his later years. Perhaps his most heartfelt testimony came in 2017 when, without the bouffant hairstyle and makeup, sitting in a wheelchair before a campmeeting crowd at 3ABN's fall event, Penniman—decidedly not Little Richard in that moment spent the better part of an hour encouraging people to "sell out" to Jesus Christ. "I'm gonna tell you somethin: Get on your knees and talk to Jesus. Don't you go to bed another night, another day, without giving a commitment to God. The world is getting ready to end. Please, please give your life to Jesus." see *AdventistReview* May 12, 2020 news. ■

## Maritime Conference Sandy Lake Academy Scholarship

The Board of Directors and Administration of the Maritime Conference is pleased to continue to offer funds for scholarships to support Christian education in the Maritimes.

The scholarship will be administered by the Maritime Conference Administrative Committee in consultation with the Maritime Conference Education Superintendent.

### Purpose of Scholarship:

To financially support non-Sandy Lake Academy constituent students from Seventh-day Adventist families living in the Maritimes to attend Sandy Lake Academy.

### Amount Available:

\$3,000.00 per student per school year for dormitory students.

\$1,500.00 per student per school year for non-dormitory students.

### Qualification:

1. Parents or student must be a member of a Maritime Conference Seventh-day Adventist Church living in the Maritimes.
2. Student must be in grades 9 - 12.
3. Student must maintain an acceptable grade in all subjects.

### Disbursement:

The scholarship will be paid on behalf of the student directly to Sandy Lake Academy.

The scholarship will be disbursed in two payments:

Dormitory students: \$1,500.00 end of January.

Non-dormitory students: \$750.00 end of January.

Dormitory students: \$1,500.00 end of June.

Non-dormitory students: \$750.00 end of June.

Any student who does not attend for the entire term will receive a pro-rated scholarship commensurate with the time period in attendance.

### Application:

All applications for the scholarship must be submitted to the Conference by August 15.

Maritime Conference Sandy Lake Academy Scholarship Application Form	
School Year Applied For:	
Name of Parents:	
Address:	
Phone Number:	
E-mail Address:	
Church of Membership:	
Name of Student:	
Age:	
Grade:	
Signature of Local Pastor Recommending Student:	



## Maritime Conference eSchool (PACeS/WCASC) Scholarship

The Board of Directors and Administration of the Maritime Conference is pleased to continue to offer funds for scholarships to support students in the Maritimes who wish to enroll in Alberta's online PACeS program or British Columbia's online WCASC program.

The scholarship will be administered by the Maritime Conference Administrative Committee in consultation with the Maritime Conference Education Superintendent.

### Purpose of Scholarship:

To financially support Maritime students who do not have access to a local Seventh-day Adventist Constituent School and who enroll in the PACeS or WCASC program.

### Amount Available:

\$35.00 per student per month for ten months for K-6.

\$50.00 per student per month for ten months for 7-9.

### Qualification:

1. Parents or student must be a member of a Maritime Conference Seventh-day Adventist Church living in the Maritimes.
2. Student must be in grades K - 9.
3. Student must maintain an acceptable grade in all subjects.

### Disbursement:

The scholarship will be paid on behalf of the student directly to PACeS or WCASC.

The scholarship will be disbursed in two payments: January and June.

Any student who does not attend for the entire term will receive a pro-rated scholarship commensurate with the time period in attendance.

### Application:

All applications for the scholarship must be submitted to the Conference by August 15 of the upcoming school year.

Maritime Conference eSchool (PACeS/WCASC) Scholarship Application Form	
School Year Applied For:	
eSchool Program:	
Name of Parents:	
Address:	
Phone Number:	
E-mail Address:	
Church of Membership:	
Name of Student:	
Age:	
Grade:	
Signature of Local Pastor Recommending Student:	

**Adventist Development & Relief Agency**

20 Robert Street West 1.888.274.ADRA (2372)  
Newcastle, ON L1B 1C6 ADRA.ca



Hi Friends,

When you pick up your Bible every morning and evening, you are plugging into a living and enduring power source that is transformational. Look at these words from God's Word: "For you have been born again, not of perishable seed, but of imperishable, through the living and enduring Word of God" (1 Peter 1:23).

We trust that you and your family are staying connected to Jesus and daily living by every word of God, and today, we want to share with you our second "Daily Living by Every Word of God." We hope this short message will encourage you to keep living daily by His Word.

We would also like to ask you to please share this new episode with a friend or family member.

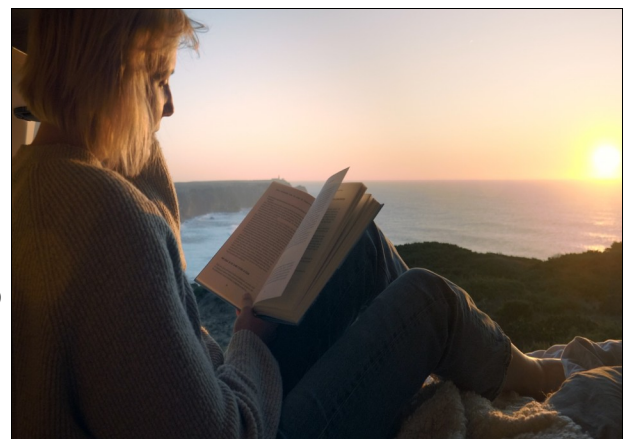
Here is the YouTube link to the second episode:

[Why Not Give God a Chance?](#)

Thank you once again for all your support!

Blessings to you and your family, Mike and René Lemon.

Go to [www.itiswritten.ca](http://www.itiswritten.ca) each week to hear Daily Living...





## Canada: COVID-19 Situation Report No. 06 (as of May 26, 2020)



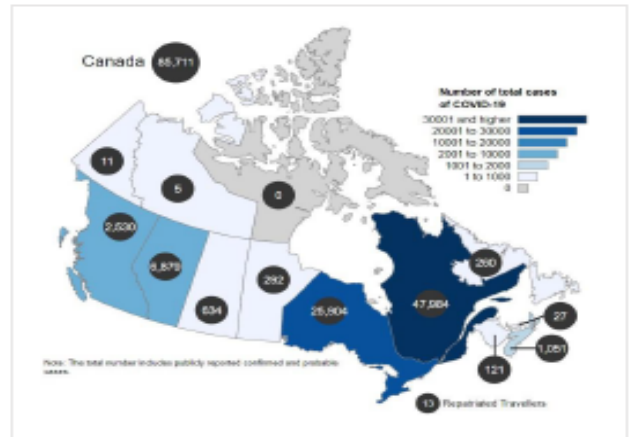
### HIGHLIGHTS

- On May 19, 2020, the Canadian Red Cross and Community Foundation of Canada, launched calls for applications for the new Emergency Community Support Fund (ECSF) from the Canadian Government.

#### Who can Apply?

- non-profit organizations operated exclusively for social welfare,
- incorporated or established in Canada,
- have annual revenues of \$1,500,000 or less,
- have been in operation on or before December 31, 2019,
- require a minimum grant of \$5,000,
- have a governance structure with at least three people on the board or management committee,
- have internal accountability measure such as practices and procedures for internal controls and accountability.

Please find detailed instructions on how to apply directly to [Red Cross](#) or [Community Foundations of Canada](#).



85,711

Number of total cases

6,545

Number of deaths

44,638

Number of recovered

47,984

Highest number of cases provincially (Quebec)

0

Lowest number of cases (Nunavut)

12

Number of provinces w. declared state of emergency

30

Current response projects to COVID-19

### SITUATION OVERVIEW

#### Information on the Emergency

The 2019-20 coronavirus pandemic is ongoing. The outbreak, first identified in Wuhan, Hubei Province, China, in December 2019 has been reported in approximately 202 countries and territories, with 5,490,954 confirmed cases and 345,962 deaths globally.

The date of symptom onset of the first case of COVID-19 in Canada was January 15, 2020.

The spread of COVID-19 continues to be a challenge for residents in long-term care and other group living facilities, despite some promising data that the pandemic curve overall is beginning to flatten. Ministries of Health and Long-Term Care, Ontario Health and provincial, regional and local partners continue to intensify measures to halt the spread of COVID-19 among the frail and vulnerable living in group settings.

While Quebec reported more than 1,200 newly confirmed cases of COVID-19 and almost 120 more deaths in the past two days, the province continues to ramp up reopening, particularly in the Greater Montreal area, which has been hit hardest by the pandemic.

Manitoba has reported no new cases in the past three days. Chief Provincial Public Health Officer Dr. Brent Roussin said the province would further relax pandemic restrictions soon, with more details to come later this week.

#### Humanitarian Situation

##### Confirmed Cases (May 26, 2020)

- British Columbia - 2,550 cases and 162 deaths.
- Saskatchewan - 637 cases and 10 deaths.
- Manitoba - 281 cases and 7 deaths.
- New Brunswick - no new cases since moving into phase yellow of its COVID-19 recovery plan on May 22, 2020.
- Quebec - 49,139 and 4,228 deaths
- Alberta - 6,926 and 141 deaths.
- Newfoundland - no new cases
- Prince Edward Island - no new cases
- Nova Scotia - 1,051 cases and 58 deaths.
- Yukon - no new cases
- Ontario - 26,866 cases and 2,189
- Northwest Territories - no new cases

#### People Affected

There are currently 85,711 confirmed cases of COVID-19 in Canada nationwide with the highest reported rates in Quebec (47,964); Ontario (25,904), and Alberta (6,879).

As of May 24, Indigenous Services Canada (ISC) is aware of 211 confirmed positive COVID-19 cases; 20 hospitalizations and 4 deaths.

##### Case numbers per region:

- British Columbia: 41
- Alberta: 39
- Saskatchewan: 49
- Ontario: 47
- Quebec: 35

ISC Minister Marc Miller also reports 14 infections in Nunavut (Quebec) Inuit communities. Provincial chief public health officers work with ISC's regional medical officers and nurses to provide medical support as needed when a positive case is reported.

### CONSTRAINTS

ADRA Canada is working in compliance with all federal, provincial, territorial, and municipal regulations. Regulations limiting public and private gatherings, the closure of all non-essential services, as well as limiting of amount of goods per purchase are all constraints under which Canadian COVID-19 response project teams operate.

### PUBLIC RELATIONS

#### Media

ADRA Canada: <http://www.adra.ca/be-prepared-for-covid19/>

SDACC: <http://www.adventist.ca/>

NAD ACS: <http://www.communityservices.org/>

### CONTACT INFORMATION

Daniel Saugh, Canadian Program Manager  
Contact: [daniel.saugh@adra.ca](mailto:daniel.saugh@adra.ca)

### ADRA's RESPONSE

#### ADRA Canada's Response Activities

Nationally: ADRA Canada in partnership with ADRA International, the SDACC (Canadian Union) and the Conferences is supporting a total of 30 projects across Canada.

A total of 88 funding requests were received by ADRA Canada, in the following sectors:

- Basic essential needs such as food, and non-food items and services
- Psychosocial support – setting up support helplines through each conference to provide short-term counseling and on-on-one support.
- Youth and family engagement – creative ways to involve/engage youth and families.

#### Project Highlights

- There are 30 active National COVID-19 Emergency Response projects underway from coast to coast. Over 20,000 people are receiving direct food relief, and psychosocial support.

### The Great Canadian Giving Challenge

For the entire month of June, every \$1 you donate to ADRA through CanadaHelps gives us a chance to win \$20,000! The more you give, the more chances for us to win!

If ADRA were to win the \$20,000 grand prize, we could give more food hampers to families in Canada who have been affected by the COVID-19 pandemic. [www.givingchallenge.ca](http://www.givingchallenge.ca)  
ADRA Canada



## VIRTUAL CAMPMEETING

The Maritime Conference  
Virtual Campmeeting 2020  
from Thursday, July 23  
(7:00 pm) until Monday July  
27, with final schedule to be  
determined.

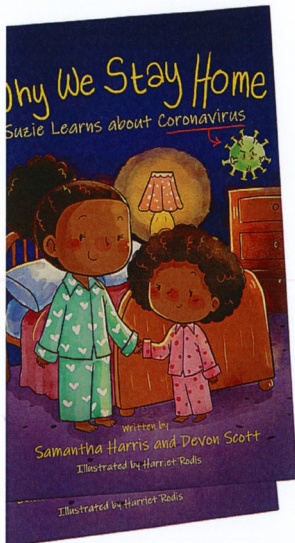
(Preliminary schedule:  
10-11:30 am; 2-3:00 pm;  
7-8:30 pm).

Details and speakers are still  
in the planning stages, but  
more information will be  
available in the coming weeks.  
Watch your email for the link.

- ADRA Canada COVID-19 National Emergency Response projects were featured in May on It Is Written Canada.
- ADRA Canada in partnership with the Alberta Conference is providing emergency funds to assist with 350 essential kits, 100 food baskets and psychosocial support to families due to the flooding and COVID-19 emergency in Fort MacMurray, Alberta.
- ADRA Canada is delighted to partner with the conferences as they apply the generous support of funds provided by NAD ACS for food relief projects across Canada. Dr Sung Kwon and the ACS team approved US\$25,000 for each of the seven conferences: British Columbia, Alberta, Manitoba-Saskatchewan, Ontario, Quebec, Maritimes, and Newfoundland & Labrador. We express our deepest gratitude for this partnership during this pandemic to alleviate turgent food relief needs.
- Really Living SDA Church (Ontario), Parker Street Food and Furniture Bank (Nova Scotia), and Maritimes Conference Health Ministries (New Brunswick), were all featured in local news and social media.
- ADRA Canada has arranged to make a financial donation to the Clarington East Food Bank in Newcastle, Ontario, in response to reports of urgent food bank shortages in the Durham region.
- Visibility items with ADRA and SDA co-branding are being distributed to all national project teams. This includes: 5000 bags, 500 T-shirts, 6400 post cards, and 100 aprons.
- ADRA Canada is grateful to our Seventh-day Adventist Church conferences across Canada who provided matching funds for national COVID-19 emergency response projects.

## Learning with Millie and Suzie

a series by Samantha Harris and Devon Scott



Suzie is really excited to be able to stay home with her Mommy, Daddy, and older sister Millie!

When Suzie expresses this to Millie, she explains to Suzie why they have been staying home with a quick lesson on Coronavirus.

Now translated into Spanish, French, Italian, and Portuguese!  
Click the download button then select language.

Free Download

Please donate so we can make all future books in the series free as well. Join us as Millie and Suzie learn all about different kinds of doctors and the human body, from bones and muscles to the heart and lungs!

## meet the authors



Samantha Harris and Devon Scott are medical students from Southern California. Samantha is an aspiring pediatrician and Devon is going into orthopedic surgery. They both share a passion for kids, medical education and teaching little ones that they can be whatever they want to be.

Reach us at [authors@millieandsuzie.com](mailto:authors@millieandsuzie.com)  
Follow us on Instagram @millieandsuzie

The effective, fervent prayer of a righteous man avails much.  
James 5:16

## Maritime Pulse

The Maritime Conference Pulse Committee recommends that we adopt as a mission statement "to encourage and nurture the Adventist Church Fellowship in the Maritimes by promoting and sharing personal ministry and evangelism tools and experiences." Do you have any personal ministry experiences to share with our readers? Email them to [info@maritimesda.com](mailto:info@maritimesda.com).

Thank you to each one who has contributed. Please remember that the Maritime Pulse is posted on the Conference Website for public viewing. Check with the individuals your articles are reporting about for permission to use the story in the Maritime Pulse.

The next Maritime Pulse deadline is **September 1, 2020.**

### Distribution of Maritime Pulse

The Maritime Pulse is distributed electronically via email to the churches. A few printed copies are sent to the elders in the mail as usual.

We recommend you send this pdf file or the website link directly to your church members who have computers/internet access.

A reminder that the Maritime Pulse (present and past copies) is available for viewing online at [www.maritimesda.com](http://www.maritimesda.com) and is the easiest way to view the Maritime Pulse.

## HAS YOUR ADDRESS CHANGED?

Please be sure to let your church clerk know if your address has changed or will be changing. This helps to keep our records up-to-date, as well as ensuring that you will continue to receive the Messenger and Adventist Journey magazines. If you're not receiving these magazines, please contact your local church clerk, or Jullie Bannister at the conference office by Phone 506.857.8722 Ext 201, Fax 506.853.7368 or Email [info@maritimesda.com](mailto:info@maritimesda.com). Send us your email address to be included on the eAdventist message list to receive event and conference updates directly from us.

## MARITIME CONFERENCE CALENDAR 2015

<b>June</b>	Church Growth and Evangelism Focus	
Jun. 27	Maritime Advance	Offering
Jun. 27	13th Sabbath-Trans-European Division	Offering
<b>July</b>	Adventist Lifestyle Focus	
Jul. 6	Clerk 2nd Qtr Statistical Report Due	Conference
Jul. 9	Signs Rebate Deadline	Conference
Jul. 10	Pugwash at Home Registration deadline	UltraCamp
Jul. 11	SS & Church Attendance Count to be taken	
Jul. 11	Women's Ministries	Offering
Jul. 23-27	Virtual Maritime Campmeeting	
Jul. 25	NAD Health Sabbath	
Jul. 25	Camp Pugwash Development	Offering
Jul. 26-Aug. 1	Pugwash at Home Camps	
<b>August</b>	Spiritual Gifts Focus	
Aug. 1	Maritime Evangelism	Offering
Aug. 8	Andrews/Loma Linda/Oakwood University	Offering
Aug. 15	SS & Church Attendance Count to be taken	
Aug. 22	EndItNow Emphasis Sabbath	
Aug. 22	Maritime Advance	Offering
<b>September</b>	Health Focus	
Sep. 1-30	Hispanic Heritage Month	
Sep. 1	Maritime Pulse Deadline	
Sep. 5	Men's Day of Prayer	
Sep. 6-11	Youth Week of Prayer	
Sep. 6-12	Nurture Periodicals/Family Togetherness Week	
Sep. 6-12	Family Togetherness Week	
Sep. 12	Family Togetherness Sabbath	
Sep. 12	Super Youth Day Sabbath	
Sep. 19	Made to Move Day	
Sep. 20-26	Made to Move Week	
Sep. 26	Deaf Ministries Awareness Sabbath	
Sep. 26	13th Sabbath-West-Central Africa Div.	Offering
Sep. 26	Maritime Advance	Offering
<b>2020 MISSION INVESTMENT PROJECTS</b>		
Canadian Union and Southwestern Union		Offering

## MARITIME CONFERENCE OFFICE HOURS

The Maritime Conference office is open  
Monday through Thursday  
7:30 am to 5:30 pm  
Worship time 8:45 am

Please Note:

**We are closed on Friday.**

For your convenience we have a mail slot in the front door area for you to drop off any envelopes when we are not open.

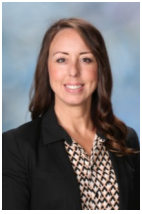
**Leave a message at 506.857.8722.**

President David Miller Ext 202  
Exec. Sec. Teresa Ferreira Cell 506.609.1386  
Treasurer Ed Sharpe Ext 205  
Asst Treasurer Françoise Ringuette Ext 206  
Admin/Dept Dir Asst Jullie Bannister Ext 201

Our FAX is 506-853-7368

Mailing Address:  
Maritime Conference of SDA  
121 Salisbury Road  
Moncton NB E1E 1A6

["The great victories gained for the cause of God are gained in the audience chamber with God."  
EGW, Gospel Workers, 259



**Education**  
Teresa Ferreira, Superintendent

# Congratulations!

## Sandy Lake Academy

### Grad Class of 2020



Pictured—left to right:

Joanna Louise Armstrong, Ana Luiza Alonso Gardiano